



**2009 USATF Missouri Valley
Association Junior Olympics Championship
Open & Masters Championship**

Shawnee Mission South High School
5800 West 107th Street
Overland Park, KS 66207

FRIDAY 6/12/2009

AGE GROUPS ... 8 to 18



**THE MEET WILL BE CONDUCTED ON A ROLLING SCHEDULE
REVISED 6-9-09**

MEET SCHEDULE SHAWNEE MISSION SOUTH HIGH SCHOOL			
TIME	TRACK EVENTS		AGE GROUP & COMPETITION ORDER
4:30 p.m.	4 x 800m Relay	Finals	MG-MB-YG-YB-IG-IB-YW-YM
	1500m Racewalk	Finals	SB-BG-BB-MG-MB-OPEN-MASTERS
	3000m Racewalk	Finals	YG-YB-OPEN-MASTERS
	400m Dash	Finals	OPEN-MASTERS-SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM
	5000m Racewalk	Finals	IG-IB-OPEN-MASTERS
	3000m Run	Finals	MG-MB-YG-YB-IG-IB-YW-OPEN-MASTERS
	5000m Run	Finals	YM-OPEN-MASTERS
TIME	FIELD EVENTS		AGE GROUP & COMPETITION ORDER
5:00 p.m.	Pole Vault	Finals	YG-IG-YW-YB-YG-IB-YM-OPEN-MASTERS
	Javelin	4 Throws	YG-YB-IG-IB-YW-YM-OPEN-MASTER
	Shot Put	4 Throws	SBG-SBB-BB-MB-YB-BG-MG-YG-
	High Jump	3 Jumps	SBG-SBB-BG-BB-MG-MB-OPEN-MASTERS
	Long Jump	4 Jumps	SBG-SBB --BG-BB- MG-MB-OPEN-MASTERS



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EVENTS CONTESTED AT BAKER UNIVERSITY

TIME	EVENTS		AGE GROUP & COMPETITION ORDER
6:00 p.m.	Steeplechase	Finals	YM-YW-IB-IG- OPEN-MASTERS
6:00 p.m.	Hammer Throw	4 Throws	IG-IB-YW-YM-OPEN-MASTERS
6:00 p.m.	Discus	4 Throws	MG-YG-MB-YB- YM-YW-IB-IG-OPEN MASTERS



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FINAL MEET SCHEDULE SHAWNEE MISSION SOUTH HIGH SCHOOL**

TIME	EVENTS		AGE GROUP & COMPETITION ORDER
8:00 a.m.			
	80m Hurdles	Prelims	MG-MB-MASTERS
	100m Hurdles	Prelims	YG-YB – IG-YW-OPEN-MASTERS
	110m Hurdles	Prelims	IB-YM-OPEN-MASTERS
	100m Dash	Prelims	OPEN-MASTERS-SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM
	1500m Run	Finals	SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM-OPEN-MASTERS
	4 x 100m Relay	Finals	SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM-OPEN-MASTERS
	200m Dash	Prelims	OPEN-MASTERS-SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM
		Lunch	
	80m Hurdles	Finals	MG-MB- OPEN-MASTERS
	100m Hurdles	Finals	YG-YB – IG-YW- OPEN-MASTERS
	110m Hurdles	Finals	IB-YM- OPEN-MASTERS
	100m Dash	Finals	OPEN-MASTERS-SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM
	200m Hurdles	Finals	YG-YB
	400M Hurdles	Finals	IG-IB-YW-YM- OPEN-MASTERS
	800n Run	Finals	OPEN-MASTERS-SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM
	200m Dash	Finals	OPEN-MASTERS-SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM
	4x400m Relay	Finals	SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM- OPEN-MASTERS



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TIME	EVENTS		AGE GROUP & COMPETITION ORDER
8:00 a.m.	Mini-Javelin	4 Throws	SBG-SBB-BG-BB-MG-MB
8:00 a.m.	Shot Put	4 Throws	IG-IB-YW-YM OPEN-MASTERS
8:00 a.m.	High Jump	3 Jumps	YG-YB-IG-IB-YW-YM
9:00 a.m.	Long Jump	4 Jumps	YG-YB-IG-IB-YW-YM
11:00 a.m.	Triple Jump	4 Jumps	OPEN -YB-YG-IG-IB-YW-YM-MASTERS