

Smoke athlete Rikki Hacker, Finished 7th at the Medtronic TC 10 Miler in Minneapolis. Running a strong 4th place through the first 5 miles, Rikki became bothered by bad cramps through miles 6, and 7 which slowed his pace considerably. Rikki finished with a time of 53:10.

Rikki Hacker competed in the Walt Disney Cross Country Classic (8K) on 10/7, finishing 4th, with a time of 25.22

Dale Dexter tuned up for the Chicago Marathon, by jumping in the Kansas City Half Marathon this past Saturday. Running conservatively, Dale finished 3rd, with a time of 1:08:11.