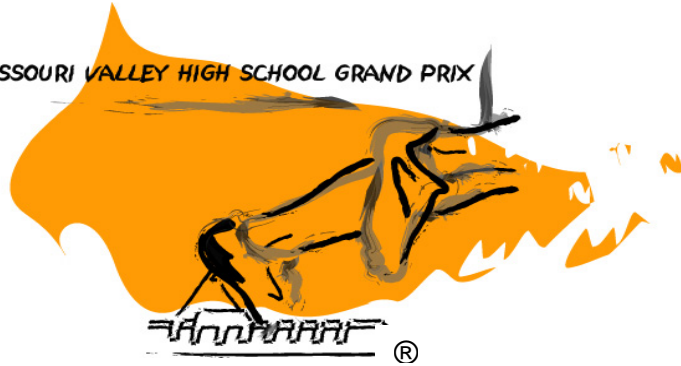


MISSOURI VALLEY HIGH SCHOOL GRAND PRIX



2009 Missouri Valley High School Indoor USATF Grand Prix Championship

<http://www.Usatf.org/assoc/mv>

The 2009, the Missouri Valley High School Indoor Grand Prix Series culminates with the High School Indoor Grand Prix Championship, February 28, 2009 at the Ahearn Field house at K-State University in Manhattan, Kansas. Along with the Grand Prix High School events, we will conduct pre-high school invitational events. The High Grand Prix Events will be run according to a time designated schedule. The pre-high school invitational events will be conducted on a running schedule.

- A. **LOCATION:** Ahearn Field House, K-State University, 1800 College Avenue, Manhattan, Kansas 66502.
- B. **STARTING TIME:** Field Events - 8:00 a.m. Running - Events - 8:30 a.m.
- C. **ENTRY FEE:** **\$12.00** per athlete.
- D. **ADMISSION FEE:** **\$3.00**. Children under 6 free.
- E. **USATF MEMBERSHIP REQUIRED:** To compete in this event, participants must be members of USATF. You may obtain a USATF membership by registering by going to <http://www.usatf.org/membership/?sc=TM>
- F. **ONLINE REGISTRATION ONLY:** Follow the instructions listed on this web site. Entries will be accepted on the entry web site beginning February 6 and the Entry Deadline is 12:00 a.m., Tuesday, Feb. 24: http://coachoregistration.com/cgi-bin/login.pl?cd=ks_usatfmva
- G. **GRADE RESTRICTIONS:** Only student athletes in grades 9-12 will compete in the High School Grand Prix Championship events. Middle School participations (grades 6-8) must compete in the Middle School Invitational portion of the meet.
- H. **TRACK SURFACE:** Track is a 200m all weather 6 lane indoor track, with 8 lanes in the middle of the track for the 60m and 60m hurdles. The facility has both a throwing area and two long jump pits.
- I. **AWARDS:**
 - 1) **Grand Prix Event Award Winners:** The top three highest female and male point scorers in each event will receive awards at the end of the Grand Prix Indoor.
 - 2) **Grand Prix Overall Points Champions:** The male and female student athletes with the highest total Grand Prix points will be named the Grand Prix Champions.
 - 3) **Grand Prix Championship Meet Award Winners:** The top three highest female and male point finishers in each Grand Prix event at the **Grand Prix Championship Meet** will receive individual awards.

J. GRAND PRIX SCORING SYSTEM

- 1) **Top Six Finishers In Each Grand Prix Event:** The top six competitors in each Grand Prix event will receive points based on their finishing place.
- 2) **Grand Prix Point Scoring:** The following Grand Prix points will be awarded for each of the following finishing places:

GRAND PRIX SCORING FOR SERIES

	MEETS
<i>First Place:</i>	6 points
<i>Second Place:</i>	5 points
<i>Third Place:</i>	4 points
<i>Fourth Place:</i>	3 points
<i>Fifth Place:</i>	2 points
<i>Sixth Place:</i>	1 points

GRAND PRIX SCORING FOR CHAMPIONSHIP

<i>First Place:</i>	10 points
<i>Second Place:</i>	9 points
<i>Third Place:</i>	8 points
<i>Fourth Place:</i>	7 points
<i>Fifth Place:</i>	6 points
<i>Sixth Place:</i>	5 points

K. GRAND PRIX EVENTS: *Indicates the Grand Prix Scoring Events.

CHAMPIONSHIP TRACK EVENTS

**60 Meter Dash*
**60 Meter Hurdles*
200 Meter Dash
**400 Meter Dash*
800 Meter Dash
**1500 Meter/Mile Run*
3000 Meter Run
1500 Meter Race Walk

CHAMPIONSHIP FIELD EVENTS

**Long Jump*
**Shot Put*
**High Jump*

L. PAYMENTS: Online payment will be by credit or debit cards only.

M. LODGING: The Meet Hotel is the Courtyard Marriott in Junction City. The Courtyard has provided special room rates of \$85 per night. This room rate is valid until midnight, February 17, 2009. Courtyard Marriott is located 310 Hammons Drive, Junction City, Kansas, 1-785-210-1500.

N. PROTESTS: There will be a \$75 fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

O. RELEASE & WAIVER FORM: Each athlete participating in the Grand Prix Championship meet must bring a signed copy of the Release & Waiver form to compete.

P. DIRECTIONS: <http://consider.k-state.edu/directions/>

Q. CONTACT: Information concerning the Missouri Valley High School Indoor Grand Prix may be found at [Missouri Valley Association](http://www.usatf.org/assoc/mv.) (<http://www.usatf.org/assoc/mv.>, or you may contact Cliff Wiley, Grand Prix Organizer at (913) 484-5861 cwtrackclassic@aol.com; or the Missouri Valley Youth Chair, Forika McDougald (785) 579-6484, tracknfield_united@yahoo.com;

R. TENTATIVE HIGH SCHOOL GRAND PRIX EVENT SCHEDULE

<u>TIME</u>	<u>EVENT</u>	
8:00 AM	High Jump	Women / Men follow (4'8" start / 5'8" start)
8:00 AM	Long Jump	Women / Men follow
8:00 AM	Shot Put	Women / Men follow
8:30 AM	60m hurdles (Trials)	Women
9:00 AM	60m hurdles (Trials)	Men
9:30 AM	60m dash (Trials)	Women
9:50 AM	60m dash (Trials)	Men
10:10 AM	1500m	Women
10:40 AM	1500m	Men
11:10 AM	60m hurdles (Final)	Men
11:20 AM	60m hurdles (Final)	Women
11:25 AM	60m dash (Final)	Men
11:30 PM	60m dash (Final)	Women
11:40 PM	200 meters	Women
12:00 PM	200 meters	Men
12:20 PM	1500m Racewalk	Women
12:45 PM	800 meters	Women
1:10 PM	800 meters	Men
1:35 PM	400 meters	Women
1:55 PM	400 meters	Men
2:15 PM	1500m Racewalk	Men
2:30 PM	3000m	Women
2:50 PM	3000m	Men
2:55 PM	Award Ceremony	

**Meet schedule is tentative and may change based on the number of entries.

S. MIDDLE SCHOOL INVITATIONAL EVENTS: The middle school invitational portion of the meet will be conducted on a running schedule.

<u>TIME</u>	<u>EVENT</u>	
8:00 AM	High Jump	Girls / Boys follow
9:00 AM	Long Jump	Girls / Boys follow
9:00 AM	Shot Put	Girls / Boys follow
10:00 AM	60 meters (Finals)	Girls / Boys follow
	1500 meters	Girls / Boys follow
	400 meters	Girls / Boys follow