



# 2012 **USATF** Region 10 Junior Olympic Track & Field Championships



Thursday - Sunday, July 5-8, 2012  
University of Texas El Paso (UTEP) Kidd Field El Paso, Texas

## AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

### Age Divisions

Sub-bantam (born 2004-2005)
Bantam (born 2002-2003)
Midget (born 2000-2001)
Youth (born 1998-1999)
Intermediate (born 1996-1997)
Young (born 1994-1995)
* athletes born in 1993 are also eligible if they do not turn 19 on or before 7/29/2012



**Individuals:** Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the Sub-bantam, Bantam and Midget divisions may compete in a maximum of three (3) events, including relays. Competitors in the Youth, Intermediate and Young divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. **All athletes must be 2012 members of USATF in good standing.**

**Relay Teams:** Only registered 2012 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit [www.usatf.org/membership](http://www.usatf.org/membership).

### ENTRY PROCESS:

Individual Entries: **\$7.00** per event

Relay Entries: **\$28.00** per relay team

Decathlon/Heptathlon: **\$20.00** per event

Triathlon/Pentathlon: **\$15.00** per event

Club Administrators and Unattached Athletes should register online at [www.coacho.com](http://www.coacho.com) by 07-1-2012 by **12:00 midnight**. **Late entries will not be allowed.** Online registration opens 06-25-2012. **Fees must be paid online by the close of registration.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Coach O for accuracy prior to submitting entry.

**AWARDS:** USATF Junior Olympic medals will be awarded to the top five (5) individuals and the top five (5) relay teams in each event of each age division.

**ADVANCEMENTS:** The USATF National Junior Olympic Championships will be held from Monday, July 23<sup>rd</sup> to Sunday, July 29<sup>th</sup> at Hughes Stadium, Morgan State University – Baltimore, MD. The top 5 athletes at the Region 10 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. The 3rd place athlete may advance if the Qualifying Standard is met. Information is available at:

<http://www.usatf.org/Events---Calendar/2012/2012-USATF-Natl-Jr-Olympic-Outdoor-Track-and-Field.aspx>.

**WAIVER:** All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically and downloaded for signature from Coach O. It can also be obtained via your association. All forms **must** be submitted at the first round of the Junior Olympic series to the youth chairs and or representative and given to the Region 10 coordinator at or before the Regional meet.

**SITE:** Kidd Field is on the campus of University of Texas El Paso (UTEP), It is located on Hawthorne Street & W Robinson Avenue, El Paso TX 79902. From I-10 you will take exit 18A Schuster, then make a left onto Sun Bowl Dr. and follow it around the Sun Bowl Stadium. You will make a right onto Glory Rd. and the Facility will be on your right. **¼ inch Pyramid spikes only.** It features an 8 lanes, narrow turns, Mondo Super-X surface with; 2 long/triple jump runways, 2 javelin runways, 1 pole vault runway & hammer/shot put/discus and circles all in-stadium.

**Neither Christmas tree spikes, nor needle spikes are allowed.**

**MEET HEADQUARTERS:** Hampton Inn - 6635 Gateway West Blvd El Paso, TX 79925

**COACHES MEETING:** There will be a short coaches meeting at 7:30 pm Friday at El Paso Community College (EPCC) 9050 Viscount Blvd. El Paso, TX 79925. Directions to EPCC: Exit at Hawkins, go north. Turn right at the third light, switch is Viscount Blvd. Now go to the second light and turn right down the hill before Verizon Wireless. Enter the parking lot and turn right to Building A. Review of performance lists will be available. All scratches may be made at this time. Parents may attend. **NO ATHLETES!**

**PACKET PICK-UP:** Packets will be available at coaches meeting Friday 7:30pm. Remaining packets may be picked up Saturday and Sunday morning 7:00 am at the track. Multi event athlete pick-up at the track prior to your event.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$10.00. Bib numbers will be distributed to athletes in their packets.

**TENTS & UMBRELLAS:** Tents must be placed on the top rows only. Umbrellas will only be allowed in upper section. Please do not put a tent in front of another Team's tent. Border Association is not responsible for damaged or stolen tents.

**PROTEST:** Protest relating to matters that develop during the meet must be made to the referee no later than 30 minutes after the results have been posted. All protests must be in writing and include a \$100.00 cash deposit. Deposits will be refunded if protest is upheld. Deposits will be forfeited if protest is denied.

**RULES & CONDUCT:** USATF current rules of competition will govern. Coaches and parents are responsible for the conduct of athletes and guest. Once the meet begins, only competing athletes and working officials will be allowed on the track or infield, except in the case of medical emergencies.

**EVENT RESULTS:** During competition, event results will be posted on site. In addition, results will be posted at <http://www.usatf.org/assoc/border/>

**ATHLETE CHECK IN:** All running event athletes will check in with the Clerk of the Course at the west end of the track. Field event athletes will check in with the official in charge of their event. Athletes must check in at least 15 min. prior to their event.

**UNIFORMS:** All relay team members must wear a top and shorts of the same color. Body suits must be of the same color and style.

**IMPLEMENTS:** All throwing implements shall be weighed 30 min. prior to each session at northwest end of stadium.

**CONCESSIONS:** Food concessions will be available. Coolers and food may be brought into the stadium.

**NO GLASS CONTAINERS, SMOKING, OR ALCOHOL WILL BE ALLOWED.**

**SOUVENIRS:** Custom Region 10 t-shirts and programs will be available.

**PRELIMS/FINAL:** On the meet schedule below you will find listed for some events 'Prelims/Final'. This means that in the case there are 8 or less athletes in a Prelim we will run as the final that day and not roll over to the following day.

**Only athletic tape will be allowed for marking any field events and relays. No tennis balls or any other markings will be allowed! All batons will be furnished by the Border Association.**

# USATF Region 10 JO Track and Field Championship Hotel Listing

Hotel Booking Code: USATF, except for Hampton Inn

July 5-8, 2012

**Host Hotel: Hampton Inn** - 6635 Gateway West Blvd El Paso, TX 79925 Phone # 915-771-6644

**Website:** <http://www.marriott.com/hotels/travel/ELPCY?groupcode=USTQSY&app=resvlink7fromDate=7/15/12toDate=7/19/12>

**Cost:** \$65 + 15.5% tax for standard room. \$99 + 15.5% tax for suite with living room and full kitchen

**Amenities:** Transportation in a 3 mile radius, hot breakfast buffet, breakfast on the go, free high speed internet, heated outdoor pool, whirlpool, and exercise room, business center is 24 hours.

**Distance to Track:** 8 miles

**Courtyard Marriot El Paso Airport** - 6610 International Road El Paso, TX 79925 Phone # 915-772-5000

**Website:** [www.marriott.com/hotels/travel/elpcy-courtyard-el-paso-airport](http://www.marriott.com/hotels/travel/elpcy-courtyard-el-paso-airport)

**Cost:** \$65 for standard room

**Amenities:** transportation within a 3 mile radius, free high speed internet, free American breakfast, exercise room, outdoor heated pool, whirlpool,

**Chase Suites** - 6791 Montana Avenue El Paso, TX 79925 Phone # 915-772-8000

**Website:** [www.chasehotelepaso.com](http://www.chasehotelepaso.com)

**Cost:** \$79 studio suite. Each suite has a fully equipped kitchen with dish and cookware, free wired high speed internet and full size sleeper sofas upon request. \$99 for 2 bedroom suite with 2 bedrooms, 2 bathrooms, living room with full kitchen, 3 televisions.

**Amenities:** hot breakfast, 2 swimming pools, Jacuzzi

**Distance to Track:** 10 miles

**Guesthouse Suites** - 1940 Airway Blvd El Paso, TX 79925 Phone # 915-772-0395

**Website:** [www.elpasoguesthouse.com](http://www.elpasoguesthouse.com)

**Cost:** \$65 for king/double queen suites which includes sleeper sofa

**Amenities:** breakfast buffet, high speed internet access, business center includes copies and fax, outdoor heated pool, complimentary newspaper, exercise room

**Distance to Track:** 8 miles

**Wyndham El Paso Airport** - 2027 Airway Blvd. El Paso, TX 79912 Phone # 915-778-4241

**Website:** [www.wyndhamelpaso.com](http://www.wyndhamelpaso.com)

**Cost:** \$79 + 15.5% tax for standard room. Based on double occupancy. Addl person \$10 each

**Amenities:** free wireless internet, hotel shuttle upon request within 3 miles radius, full service restaurant and bar, workout facility, heated swimming pool with waterslide, gift shop, ATM, hair and nail salon

**Distance to Track:** 7.22 miles

**Holiday Inn Express** - 409 E. Missouri Avenue El Paso, TX 79901 Phone # 915-544-3333

**Website:** [www.hiexpress.com/elpasocentral](http://www.hiexpress.com/elpasocentral)

**Cost:** \$79 for single/double occupancy. Additional \$5 per person over 2 people.

**Amenities:** free shuttle service to track, fitness center, free high speed internet, local newspaper, Full American breakfast buffet

**Distance to Track:** 2 miles

**Hilton Garden Inn El Paso Airport** - 6650 Gateway East El Paso, TX 79925

**Cost:** \$79 for king or Double Queen Size rooms

**Amenities:** 24 hour business center, fax and copy services, fitness facility, outdoor pool and spa, on site restaurant and evening bar.

**Distance to Track:** 8.7 miles

**Hilton Garden Inn El Paso/University** - 111 W University Avenue El Pas, TX 79902 Phone # 915-351-4905

**Website:** [www.hiltongardeninn.hilton.com](http://www.hiltongardeninn.hilton.com)

**Cost:** \$79 for standard room

**Amenities:** workout facility, high speed internet, outdoor heated pool and Jacuzzi

**Distance to Track:** on UTEP campus

**Hawthorn Suites** - 6789 Boeing El Paso, TX 79925 Phone # 915-778-6789

**Website:** [www.hawthorn.com/hotels/texas/el-paso](http://www.hawthorn.com/hotels/texas/el-paso)

**Cost:** \$69 for double standard rooms with mini fridge and microwave

**Amenities:** hot breakfast, free high speed internet, free hotel shuttle upon request

**Distance to Track:** 8.5 miles

**Comfort Inn Airport East** - 900 N Yarbrough El Paso, TX 79915 Phone # 915-594-9111

**Website:** [www.comfortinn.com](http://www.comfortinn.com)

**Cost:** \$59 plus tax

**Amenities:** Hot breakfast, High Speed Internet, hotel shuttle within 3 mile radius

**Distance to Track:** 17 miles

# ***SCHEDULE OF EVENTS***

## **Thursday, July 5, 2012 – Track & Field Events**

8:00 am	Decathlon (IB, YM) (100m, Long Jump, Shot Put, High Jump, 400m)
8:20 am	Heptathlon (IG, YW) (100 Hurdles, High Jump, Shot Put, 200m)
8:40 am	Pentathlon (YB) (100 Hurdles, Shot Put, High Jump, Long Jump, 1500m)
9:00 am	Pentathlon (YG) (100 Hurdles, Shot Put, High Jump, Long Jump, 800m)

## **Friday, July 6, 2012 – Track & Field Events**

7:30 am	2000m Steeplechase (IG, YW)
7:50 am	2000m Steeplechase (IB, YM)
8:30 am	Decathlon (IB, YM) (110 Hurdles, Discus, Pole Vault, Javelin, 1500m)
8:45 am	Triathlon (BG) (Shot Put, High Jump, 200m)
9:00 am	Pentathlon (MB) (80 Hurdles, Shot Put, High Jump, Long Jump, 1500m)
9:15 am	Heptathlon (IG, YW) (Long Jump, Javelin, 800m)
9:30 am	Pentathlon (MG) (80 Hurdles, Shot Put, High Jump, Long Jump, 800m)
9:45 am	Triathlon (BB) (Shot Put, High Jump, 400m)
10:15 am	3000m Race Walk (YG, YB)
10:45 am	3000m Race Walk (IG, IB)
11:15 am	3000m Race Walk (YW, YM)
11:40 am	1500m Race Walk (MG, MB)
12:00 pm	1500m Race Walk (BG, BB)
11:30 am	Hammer (IB)
12:00 pm	Hammer (YM)
12:30 pm	Hammer (IG)
1:00 pm	Hammer (YW)
5:30pm	Opening Ceremony Parade of Athletes

**2 High Jump Pits will be available for the Multi Events.**

## Saturday, July 7, 2012 – Field Events

8:00am Long Jump BG Pit - 1	11:45am Shot Put IB
8:00am Long Jump BB Pit – 2	11:45am High Jump BG
8:00am Discus IB	11:45am High Jump BB
8:00am Shot Put YM	11:45am Pole Vault YW
8:00am High Jump IB	12:30pm Shot Put MG
8:00am High Jump IG	1:00pm Long Jump YW Pit – 1
8:00am Pole Vault YG	1:00pm Long Jump YM Pit – 2
9:15am Long Jump SBG Pit – 1	1:15pm Discus MB
9:15am Long Jump SBB Pit – 2	1:15pm High Jump MB
9:15am Discus IG	1:15pm High Jump MG
9:15am Shot Put YW	1:15pm Shot Put YG
9:15am High Jump YM	2:00pm Discus MG
9:15am High Jump YW	2:00pm Shot Put MB
9:15am Pole Vault IB	2:00pm Pole Vault YB
10:30am Long Jump MG Pit – 1	2:00pm Shot Put BB
10:30am Long Jump MB Pit – 2	2:15pm Long Jump IG Pit - 1
10:30am Shot Put IG	2:15pm Long Jump IB Pit - 2
10:30am High Jump YG	3:00pm Discus YG
10:30am High Jump YB	3:00pm Pole Vault YM
10:30am Discus YB	3:00pm Shot Put YB
10:30am Pole Vault IG	4:00pm Discus YW
11:45am Long Jump YG Pit – 1	4:45pm Javelin YM
11:45am Long Jump YB Pit – 2	5:30pm Javelin YG
11:45am Discus YM	

**POLE VAULT:** Prior to check-in, it is the responsibility of the coach or parent to fill out a card (located at the field event weigh-in area) stating that the competitor's weight shall be at or below the manufacturer's pole rating. It is the responsibility of the coach or parent to verify the competitor will use a legal pole rated at or above his/her weight.

## Sunday, July 8, 2012 - Field Events

8:30 Triple Jump YG Pit-1	11:00 Turbo Javelin SBG
8:30 Triple Jump YB Pit-2	11:30 Triple Jump YW Pit -1
8:30 Shot Put BG	11:30 Triple Jump YM Pit- 2
8:30 Turbo Javelin MG	11:45 Turbo Javelin BG
9:45 Turbo Javelin MB	12:15 Javelin YW
9:45 Shot Put SBB	12:30 Turbo Javelin BB
10:00 Triple Jump IG Pit-1	1:00 Javelin YB
10:00 Triple Jump IB Pit-2	1:45 Javelin IG
10:15 Turbo Javelin SBB	2:30 Javelin IB
10:15 Shot Put SBG	

## Saturday, July 7, 2012 – Track Events

### Rolling Time Schedule

8:00 am 3000m Run Final MG, MB YG, YB, IG, IB, YW, YM  
400m Hurdles Prelims/Final IB, YM, IG, YW  
200m Hurdles Prelims/Final YG, YB  
100m Dash Prelims/Final SBG, SBB, BG, BB, MG, MB YG, YB, IG, IB, YW, YM  
800m Run Final SBG, SBB, BG, BB, MG, MB YG, YB, IG, IB, YW, YM  
4x100m Relay Prelims/ Final SBG, SBB, BG, BB, MG, MB YG, YB, IG, IB, YW, YM  
400m Dash Prelims/Final SBG, SBB, BG, BB, MG, MB YG, YB, IG, IB, YW, YM  
110m Hurdles Prelims/Final IB, YM  
100m Hurdles Prelims/Final IG, YW, YB, YG  
80m Hurdles Prelims/Final MG, MB  
200m Dash Prelims/Final SBG, SBB, BG, BB, MG, MB YG, YB, IG, IB, YW, YM  
4x400m Relay Prelims/Final SBG, SBB, BG, BB, MG, MB YG, YB, IG, IB, YW, YM

*Note: Events will not be rolled over if we have 8 athletes and 8 lanes available.*

**Finals will be held on Saturday. Athletes must be ready to run when reporting for Prelims.**

## Sunday, July 8, 2012 – Track Events

### Rolling Time Schedule

8:00am 1500m Run Final SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM  
400m Hurdles Final IB, YM, IG, YW  
200m Hurdles Final YG, YB  
4x100m Relay Final SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM  
400m Dash Final SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM  
100m Dash Final SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM  
110m Hurdles Final IB, YM  
100m Hurdles Final IG, YW  
100m Hurdles Final YB, YG  
80m Hurdles Final MG, MB  
4x800m Relay Final MG, MB, YB, YB, IG, IB, YW, YM  
200m Dash Final SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM  
4x400m Dash Final SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM

**EQUIPMENT:** Meet management will furnish all batons. Only starting blocks provided by meet management may be used. Only ( $\frac{1}{4}$ " **pyramid spikes**) will be permitted. Athletes with spikes that do not meet these criteria will not be admitted to their event.