

## Southwest Region Masters Track and Field USATF, 2010

The indoor region championships were hosted by the Southern Assoc. at LSU. The meet was a big success due to the hard work by the association chair Byron Turner and his volunteers.

Next year's indoor region championships will also be in the Southern Assoc. and held at LSU.

The outdoor region championships were hosted by the Southwestern Assoc. at Coppell, Texas.

There were more than 120 athletes at this meet, which is about the average number for this meet.

Next year's meet will be hosted by the South Texas Assoc. at Austin, Texas.

There are 4 active associations in the region who host association masters championships, each meet had a slight increase in the total number of athletes when compared to the 2009, championships.

The cross country championships will be held in November.

Unfortunately there are some associations who have never had any masters activities.

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