



# High Performance Programs



## Men's Track & Field

Friday, December 2, 2005

The meeting, which was chaired by John Chaplin, began at 4:09 pm with the approval of the 2004 meeting minutes.

Vice Chair Harry Groves then announced the election of coaches and head managers for all national teams for 2006.

World Indoors: Ernie Gregoire (Head coach)

John Carlos, Mike Holman, Brad Hudson (Assistant coaches)

Thomas Johnson (Head manager)

World Juniors: Robert Weir (Head coach)

Harvey Glance, Linda Lanker, John McDonnell, Boo Schexnayder (Assistant coaches)

Ken Brauman (Head manager)

Great Britain dual meet: Dennis Mitchell (Head coach)

NACAC-under 23: Tim Hickey (Head coach)

Alan Collatz, Gary Morgan, Randy Waggoner (Assistant coaches)

Doug Wells (Head manager)

World Cup: Pat Henry (Head coach)

Hal Connolly, Lance Deal, Ron Warhurst, Tim Weaver (Assistant coaches)

James Li (Head manager)

Standards Chair Bob Podkaminer then reviewed the men's standards for the national Indoor and Outdoor Championships for 2006. He noted that there was a change in the indoor 3000m standard (from 8:03.50 to 8:04:50), the intent being to qualify a larger pool of individuals. He also noted that there was a new IAAF rule for the hurdles in combined events for juniors, and that although the junior standard was based on the 39" barrier, we would retain a qualifying standard for 42" barriers. It was moved, seconded and carried that Podkaminer's report was adopted by the committee.

At that point, John Hemmer then announced that the Golden South Classic Association had awarded Steve Simmons a Lifetime Recognition Award. Mr. Simmons was present in the room and accepted the award from Coach Ken Brauman.

The chair then reported on the discussions held during the MTF's Executive Committee meeting regarding the Coaches Bonus policy change. This policy provided for payment of USATF stipends to coaches whose athletes attain a significant level of

performance each year. Concerns had been raised about the coach's responsibility and liability for an athlete who tested positive for prohibited substances. The broad recommendation was to preclude a coach from participating in the Coaches Bonus program if any of their declared athletes have tested positive for a prohibited substance within the previous twelve months.

The chair then led a discussion on several aspects of National Team Selection. First, regarding the relays, any athlete who qualifies in the 100 or 400 events automatically qualifies for inclusion in the relay pool. Second, with regard to selection to actually run on the relay team, the chair indicated that the final decision would always depend on the head coach, where a dispute between the relay and head coaches exists. Bob Hersh subsequently clarified that the new IAAF rule change was intended to address concerns over funding of individuals for relay teams. This was less a problem for large teams such as the United States, and more for smaller countries that might seek to add additional team entrants through the relay pool and thereby increase the overall number of athletes required to be accommodated for major international competitions. He indicated that nothing had yet been finalized for 2008, and that as of now any 6 team members could be named to the relay pool, assuming they had already qualified to be on the team. Hersh was urged to retain our prerogative of naming the maximum 8 athletes in total to the relays, four being named as reserves.

Duffy Mahoney then briefed the committee on the National Indoor Championships, again scheduled at the Reggie Lewis Center. He noted that since the Marriott Copley Place was fully booked for that weekend, the meet hotel would be the Boston Park Plaza hotel. Duffy discussed the qualifying rounds for the meet and noted that the meet would be televised both days, ending just before 6:00 pm each of the last two days.

Joe Gentry spoke briefly regarding the officials' selection process for the indoor and outdoor national championships. He noted that there was a total pool of 284 male officials and 82 female officials considered for both meets, but only eleven Afro Americans and no Hispanic officials selected. He urged members to encourage competent officials to apply, especially those from underrepresented groups.

Duffy Mahoney then briefed the committee on the team selection process for the NACAC-under 23

meet. The same system that was used two years ago would be employed; drawing age eligible collegians from Track & Field's published rankings. Duffy also noted that the outdoor nationals would be held in Indianapolis Wednesday through Saturday, June 21-25 and that the track would open for practice on June 19.

The meeting concluded at 5:00 pm because the High performance Staff Selection committee was scheduled to meet to select the head coach and head manager for the Big Three meets (Olympics, Worlds and Pan American Games for 2007 and 2008). Results for those selections, pending ratification by the USOC as appropriate, were as follows:

Head Olympic Coach:	Bubba Thornton
Head Olympic Manager:	James Li
Head Worlds Coach:	Pat Henry
Head Worlds Manager:	Ralph Lindeman
Head Pan Ams Coach:	Stanley Redwine
Head Pan Ams Manager:	James Williams

Respectfully submitted,

Alan Kolling  
MTF Secretary

## Women's Track & Field

### Meeting # 1 -- December 1, 2005

Called to order at 4 PM by Stephanie Hightower, Chair

Move to approve 2004 Women's Track and Field Meeting Minutes; Seconded by Evie Dennis  
---Approved unanimously.

Chair reviewed the revised agenda and other issues.

### SPECIAL AWARDS

Chair presented some special awards from Women's Track and Field:

- Lifetime Achievement Award: Deanne Vochatzer
- Junior Program: Rita Somerlot
- Service Awards for leading 2005 international teams:
  - World Championships: Sandy Fowler
  - Pan American Juniors: Mary Ayers
  - DecaNation: Rich Torrellas

### 2005 INTERNATIONAL TEAMS

The Chair engaged in a discussion of the various teams that represented the United States in 2005.

The great successes this year were due to dedicated athletes and staff. The major competitions were:

- IAAF World Outdoor Championships
- Pan American Junior Championships
- DecaNation
- World Youth Championships

### Pan American Junior Championships –

Danny Williams, Asst, Coach

The competition took place in Windsor, Ontario. Speaking of volume, the team took home 57 medals! There was no issue with curfew due to early staff intervention. The assigned AAC Rep proved to be a benefit. This team was a great bunch of kids. One of them, Natasha Hastings, was on her 5<sup>th</sup> Jr. Team! Lessons: Medical issues must be addressed early. We need folks (staff) who can pick up and go and do any job necessary.

### World Youth Championships –

Wendy Truvillion, Athlete Liaison

Wendy was the extra set of eyes on this trip. The competition took place in Morocco with the team performing well with the 163 nations represented. The meet has an "odd" relay with each athlete performing 100-200-300-400. It was a wonderful cultural experience as well. One comment: We must work closer with the selection process in that Youth Committee to field better teams. The athletes come from the previous years Junior Olympics! Both Duffy Mahoney and Stephanie feel that we should take the best *current* available athletes, not some whose proof of fitness is 11 months old. The "kids" were culturally acceptable...everyone else dressed like us.

### DecaNation – Rich Torrellas, Head Manager

DecaNation represented a new concept in track and field. Utilizing the decathlon events but with 10 different athletes, men and women, prize money, and a 30,000 strong crowd, the French Federation pulled off a 20 event competition (plus three special events) in four and a half hours. The fanfare, publicity and knowledgeable fans made this a competition one that even our Olympians enthusiastically wanted to attend again. The FFA (Federacion Francais D'Atletisme) did a fine job at housing and transportation of our athletes, even at the furthest airports from Paris. This year the Head Manager (myself) had only 6 days to prepare

and hit the ground running. With little notice, the athletes competed well, some with near misses at beating athletes who just came off a great World Championships. This competition, as of this writing, has been made a part of our 2006 competition calendar.

Sandy Fowler, Head Coach of the 2005 World Championships was unable to attend and present. Competition results can be found at USATF.org.

#### **IAAF UPDATES STEEPLE IN 2008**

##### **2008 Olympic Trials -- Stephanie Hightower**

The 2008 Olympic Trials were awarded to the Oregon Track Club to be conducted at University of Oregon. The decision was not easily reached with great bids from both Eugene and Sacramento, the two finalists. In the end, the offers of the Oregon Track Club pushed the decision in Eugene's favor. The Chair expressed her appreciation to Eugene and Sacramento for setting the standard for all future Olympic Trials bids.

##### **Staff Selection -- Stephanie Hightower**

Women's Track and Field continues to lead our sport and is continually evaluating the staff selection process to keep up to date. We cannot use 20<sup>th</sup> century parameters with a 21<sup>st</sup> century team. Things must evolve. The Chair spoke about service and dedication a team. This must be all encompassing when a staff member takes a trip with a United States Track and Field Team. We will not compromise our athletes. Athletes must feel confident in their staff.

##### **Athletes Advisory -- Sandra Farmer-Patrick, AAC Chair**

Spoke briefly about the needs of the AAC constituency in having appropriate staff appointed that could service the athletes properly. A set of criteria has been created by a subcommittee within AAC for this purpose. Sandra expressed her appreciation of the Eugene bid for the Olympic Trials indicating that it offered more competitive opportunities to developing and elite athletes.

##### **USOC -- Dr. Evie Dennis, USOC VP**

Dr. Evie spoke about some people in the room, tales of teams, including Brooks and our exalted Women's Track and Field Chair. She also spoke about restructuring of the USOC and how that might impact USA Track and Field.

USATF is the leading sport (athletics) in the USOC. The bulk of our medals come from track and field and swimming. Evie heads the Restructuring Committee. It is most important that we be proactive, not reactive. The primary focus of the USOC is medals. Thus far we have been successful in providing them.

##### **IAAF -- Anne Timmons, XC/LDR Rep.**

The size of teams is an issue at the IAAF regarding the competitors at the World Cross Country Championships. The meet has been altered to a one day format. The proposal from the IAAF to have UNEQUAL teams:

9 men, 6 score

6 women, 4 score

Anne proposed that USATF express support for a return to an equal format with the following statement:

*"USATF is not in support of the IAAF Council's decision to have 9 men with 6 to score and only 6 women with 4 to score as team sizes competing at the World Cross Country Championships. We firmly believe that equal numbers should be represented for the senior men's and senior women's teams."*

Proposal...seconded...so moved.

**---Approved unanimously.**

##### **High Performance -- Brooks Johnson, High Performance Division Chair**

Brooks, as is his trademark, did not mince words. He spoke about the importance of managers on international teams. They are logistical specialists. Funding to USATF from the USOC is based upon the medal count. "Warm and fuzzy" will not cut it anymore. Results based upon skilled hard work are the parameters that engender results. Additionally, the athletes now have measuring and evaluating devices (science) that are immensely important for progression. These are available. Let's use them.

##### **2006 Indoor and Outdoor Championships -- Sandy Snow**

The National Indoor Championships will take place February 24-26, 2006 at the Reggie Lewis Center in Boston. The online entries, schedule, standards should be on the web by January 1, 2006. Due to scheduling, there is a new hotel: Park Plaza

The National Outdoor Championships will take place June 22-25, 2006 at IUPUI in Indianapolis. It will also be the site of the 2007 National Outdoor Championships. Athlete blocks and rooms are

already on hold. Sandy and the LOC are working on warm-up and training facilities.

All needed information will be available on the USATF website.

**Meeting #2 - December 2, 2006**

**Rules – Bert Lyle**

Amazingly short-winded but, as usual, entertaining with the proper points being made and understood. See notes.

**Staff Selection – Stephanie Hightower**

Stephanie asked for ratification of the 2006 selected staffs.

**2006 TEAM STAFF SELECTIONS**

**NACAC – July 7-9, 2006**

Santo Domingo, Dominican Republic

Head Coach: Barbara Edmondson

Assistant Coaches: Delisa Walton-Floyd  
Rose Brimmer  
Marsha Horan

Head Manager: Kim Keenan-Kirkpatrick

**World Cup – September 16-17, 2006**

Athens, Greece

Head Coach: Mark Timmons

Assistant Coaches: Connie Price-Smith

Sandra Farmer-Patrick

Chandra Cheeseborough

Delethea Quarles

Head Manager: Manny Batista

**USA vs Great Britain – August 2006**

Birmingham, Great Britain

Head Coach: Kathleen Raske-Sperry

**World Junior Champs – August 15-20, 2006**

Beijing, China

Head Coach: Rose Monday

Assistant Coaches: Kerry Lane

Qingyi Zheng

Rhan Sheffield

Sharifa Barksdale

Head Manager: Cedric Walker

Evie so moved.

**---Approved unanimously.**

**BIG THREE STAFFS**

**World Outdoor Championships**

Head Coach - Amy Deem

Head Manager - Diane Wholey

**Pan American Games**

Head Coach - Connie Price Smith

Head Manager - Julie McKinney

**Olympic Games**

Head Coach - Jeanette Bolden

Head Manager - Rich Torrellas

Moved and seconded.

**---Approved unanimously.**

**COMBINED EVENTS STAFF**

USA vs. Germany

Kevin Morehead, Tanya Lee

Moved, seconded.

**---Approved unanimously.**

**Proposed Indoor and Outdoor Standards --  
Stephanie Hightower**

In the unfortunate absence of our representative to the Standards Committee, the proposed standards arrived as the meeting was underway with no time for review and commentary. It was proposed by the Chair that the Executive Committee of Women's Track and Field be given the power to review and revise the proposed standards if necessary. Moved and seconded.

**---Approved unanimously.**

**Women's Development – Sue Humphrey, Chair**

There is now a three tier grouping of events to which funding will be distributed.

Medal Events

Best Bet Events

Development Events

Funding will be dependent upon the numbers of medals won. Development programs are important to enhance and continue our success in the Medal and Best Bet events. Development Events are important but not at the expense of the others. As Brooks has already stated, there is no more "warm and fuzzy".

**Heptathlon – Dr. Craig Poole, Chair**

Summits were help once again to evaluate the Heptathlon and its best athletes and what would be needed to further enhance the event. Nutritional analysis test feedbacks have been helpful to athletes in the heptathlon. Each event within the heptathlon has an individual biomechanist. At this point there seem to be world wide detractors from a woman's decathlon.

Where there is a decathlon for women, the interior events have been flip flopped with the men's.

#### **Juniors – Rita Somerlot**

The concern for many coaches of Junior's was the early AM start for them when they were competing on the same site and days as the Seniors. There was a drop in numbers attending the Junior Championships in 2005.

Some athletes cannot come or are uninformed about the meet. It has been beneficial for the juniors to see the seniors compete. It is a good process but may not happen in the Olympic year. It is better for them to compete on their schedule versus being inserted between senior events. Any concerns by coaches should be addressed to the Junior commission.

#### **Officials – Dee Jensen**

The Officials Committee is working on increasing the numbers of people to enter referee status. These are open book tests with some open ended questions where the manner in which a candidate would handle a situation will determine his score and ability to be assigned. More officials are needed at a younger age. The age of the current official's pool is HIGH. Recruitment is important.

#### **IAAF Women's Committee – Dee Jensen**

One of important things that occurred in 2005 is that women met with the coaching commission. The training of women should be incorporated within coaching education. Another issue that is being pushed is to have women's team equal the men's again, pin pointing the cross country dilemma. The IAAF also expressed a concern with all male staffs leading women's teams, especially juniors.

#### **IAAF – Bob Hersh**

There will be a Council Meeting at the 2008 World Indoors in Valencia, Spain. There will be an expanded qualifying window for the Heptathlon, Race Walk, Marathon and Decathlon.

There should be a class called IAAF. 101 so people understand how it works, how we interact, etc. Women's representation within the IAAF was discussed and approved at the Council Meeting -- 3 of 28 will now be council members (up from 2). In the Congress itself, 1 country equals 1 vote. "Stuff" gets done in the corridors and countries work as a team. This is what allows communication to be accomplished. Communicate a lot

#### **Records – Bob Hersh**

Recommend approval of listed record submissions except to defer 3, 7, 8 and 12. Approve everything else.

#### **Law and Legislation – Cliff Wiley**

Brevity is not indicative of the work done by the committee. There were 65 proposed changes. (see handout). Stephanie discussed the voting process last year indicating it was her feeling that there was disenfranchisement of the USATF members. This must be reviewed for all future elections.

#### **Coaches Advisory – Kathleen Raske**

Terry Crawford was re-elected as Chair of the committee with...

Fred Harvey, Vice Chair

Kim Duyst, Treasurer

Kathleen Raske, Secretary

A task force was established to look at restructuring and coaches advisory's role within the organization.

Respectfully submitted,

Rich Torrellas, Secretary

Women's Track and Field Committee

## **RACE WALK COMMITTEE**

**Thursday, December 1**

Meeting was called to order by Chair at 10:15 a.m. Roll call was taken and it was determined that there was a quorum.

The minutes from the 2004 Annual Convention were approved as written.

### **OFFICER REPORTS**

**Chair** – Vince Peters has been a very energetic Chair during 2005. He has represented race walking at every level in USATF from the Board of Directors to event officiating. His annual report clearly indicated that the Race Walking Committee is in a unique situation because we do not have an established feeder program. Despite that, our task is the recruitment and development of athletes from beginner through international elite level. We have a responsibility to educate high school and college coaches about the specific techniques of race walking. Finally, we must ensure that sufficient officials meeting IAAF requirements are available to conduct our domestic and international

races. Vince concluded with the charge that Race Walking must develop funding levels that can finance the recruitment, development, training and competitive programs needed.

Chair also reported that USATF would probably provide \$10,000 - \$15,000 funding and that the Grand Prix for 2006 has been funded the same as 2005.

**Treasurer** – Sean Albert was not available but Vince gave a report. The Committee has functioned within its budget for 2005 and would be spending all monies allocated to the Committee.

**Secretary** – no report

**Vice Chair** – Steve Vaitones reported that he took over jobs that Vince passed on to him. He continues to be Junior Team Coordinator. He worked with the Junior Camp held in Maine that was very successful. Camp ended with the Junior National 5K. Camp had support from running committee in Maine and had local media coverage. He also maintained contact with National Office (Duffy Mahoney). Steve also worked with Standards and Rules.

**Guest** – Amadeo Francis, Senior Vice President of IAAF and head of NACAC, was welcomed to our meeting. Mr. Francis indicated he enjoyed listening to our discussions. He reported the Pan American Walking Cup will be held in Brazil. The event will be a prelude to the Pan American Games also held in Brazil. One concern for race walking is that only the United States has an ongoing program, the rest of the Caribbean, Central America, and Canada have relatively no program, and Mexico's program is having problems. As he explained for some reason the English-speaking Caribbean is not interested in race walking. Much work went into getting the IOC to reaffirm the place of race walking in IOC events. Questions asked of Mr. Francis included: How can we get federations to support their athletes who might be living in the United States? Also why do federations host events and provide too short of notice to be able to send athletes?

## COMMITTEE REPORTS

**Organizational Services** – Ginger Mulanax reported that organizational services had met on Wednesday before the convention began. She read a list of associations who still had issues with their delegations that should be worked out. If the

Associations fail to work out the problems, they will not be allowed to vote on committee matters.

**Rules** – Steve Vaitones led the discussion about proposed rules changes mandated by IAAF changes. Item 32 – allowed use of transponder timing systems in race walking events not held entirely within a stadium – recommended by the committee.

Items 80, 81, 82, 83 – These items would amend rule 230 to conform to IAAF Rules.

Discussion concerned whether race walking needed to follow the lead of the IAAF in our national, regional, or local races. Concern expressed that the proposals needed to be amended and simplified. The following actions were taken concerning proposed Rules.

Item 81, Committee recommended amending the wording to– “At International Selection Competitions, the Chief Judge ... the special circumstances described in 230.3f.” Gary Westerfield was to simplify the wording about when the Chief Judge should judge, the role of an assistant Chief Judge, and when the Chief Judge can disqualify in the last 100m of the race for USATF races. Item 82 and 83 (adding “competitor who collects refreshments from a place other than a refreshment station is liable to disqualification by the Referee.”) recommended. Steve will report back after the rules meeting.

**Law & Legislation** – Ray Funkhouser reported that he wanted the committee's views on various items before he went into the first L&L meeting. The Race Walk Committee took the following action on: Committee discussed and recommended Items 10, 13, 14, 15, 39 and 49.

- Item 10 broadens the power of the USATF constituency to make nominations.
- Items 13, 14 and 15 all deal with election procedures.
- Items 39 and 49 deal with membership and residency issues.
- Item 26 discussed and rejected by committee.
- Item 28 was discussed. Committee recommended adding a RW representative since we have concerns with layout of courses.
- Item 37 which gives the Board the power to raise dues and fees was discussed and rejected by the committee.

Officials support items were discussed with the committee recommending that as much support as possible should be encouraged.

Meeting recessed at 12:15 p.m.

**Friday, December 2**

Meeting was reconvened at 8:25 a.m. A quorum was present and Chair called the meeting to order.

**COMMITTEE REPORTS CONT'D**

**Associations** – Mike Roth reported on the proposals to increase in dues. Mike recommended that Associations or individuals contact Karen Krsak at [n2track@aol.com](mailto:n2track@aol.com) to express their views. He explained the primary purpose of the proposed increases is to cover the half million dollars spent currently on membership costs that come from other USATF revenues. Recommendation was to buy as many years of membership as you can afford when renewing in 2006.

**Site Selections** – Mike Rohl reported that Race Walk Committee is in the second year of a 3 year site selection calendar. Major changes for 2006 are:

- Women’s Mile and Men’s 3000m Championships  
January 28, Findley, OH.
- (Reminder - this is a Senior championship with qualifying standards and gives exposure of elite race walking to college coaches)
- One Hour Championship                      October                      15  
Waltham, MA
- 15km Championship                              August                              6  
Minneapolis, MN

See total 2006 site selection calendar below under Grand Prix Report.

**US Canada Dual Meet Report** – Mike Rohl reported meet was held as part of NACAC race on Long Island. Conditions were very hot and Mike, as coach, worked with athletes on ways to handle the heat. Mike reported that Paul Kern, Manager, was outstanding and recommended him for other team staff positions.

**NCAA Division Coaches Initiative** – Mike Rohl gave a presentation to Division I, but no response. Division III got same presentation, was interested but said they need to get the 200 and 3000 in before adding race walk. Division II also got same presentation - 36 coaches said yes and 4 said no. Division II indicated that race walk should be

included. The schedule is that on July 15, 2006 a proposal to add the walks will be presented to the Management Council of NCAA. Two years from that point the walks will be added as championship events. Currently we are working on obtaining some funding from Amadeo Francis, Women’s Sports Foundation and USATF to help defer the initial cost of sending RW athletes to NCAA national champions. Another aspect is official support which will need to be in place in 2 years also. Mike recommended that race walk judges check their area for Division II schools and to be available to help judge invitational races.

Grand Prix Report – Mike Roth reported on the 2005 Grand Prix t. He also presented the rule changes to 2006 Grand Prix. The basic changes concern how the \$4200 in prize money will be distributed. 2006 USA Race walking Grand Prix schedule:

Event	Location	Date
USA 30 km	Chula Vista, CA	1/15/06
USA Mile (W)	Findlay, OH	1/28/06
3,000m (M)	Findlay, OH	1/28/06
USA Mile (M)	New York, NY	2/3/06
USA 50 km	Clermont, FL	2/12/06
USA 3,000 m (W)		
5,000 m (M)	Boston, MA	2/25-26/06
USA Team Trials – World Cup		
	Hauppauge, NY	4/9/06
USA 10 km	Niagara Falls, NY	6/3/06
USA 20 km	Indianapolis, IN	6/24-25/06
USATF Club Champs 5,000m		
	Azusa, CA	7/15/06
USA 15 km	Minneapolis, MN	8/6/06
USA 40 km	Ocean Township, NJ	9/10/06
USA 5 km	Kingsport, TN	10/7/06
USA 1 Hour	Waltham, MA	10/15/06

**Records** – Justin Kuo reported there were no submissions for Open records and 13 submissions for junior race walk records. Items 3, 4, and 6 were approved with corrected times. Items 2 and 12 provisionally approved subject to course validation. Item 7 deferred because of problem with course. Others deferred for various other needed validations. Committee approved records as amended. Masters Race Walk records report was also presented for informational purposes.

**50 km Race Walk Championship** – Don DeNoon reported that course has been measured and certified. Weather cooperated, but did get a little warmer at end. Course is not a closed course, so had some traffic at the end. Course has 10m rise.

This event will be held on the same course for next two years. Course will be kept open for final finishers.

**Pan American RW Cup** – Don DeNoon, Head Coach, reported on the event held in Lima, Peru. Staff for event was Don DeNoon, Maryanne Daniel, and Richard Robert. Richard’s fluency in Spanish was very beneficial. Richard Robert also commented indicating the #1 thing a manager needs is information. Local committee did a good job of providing general information about Lima, but nothing on necessary things like housing, etc. The name of the team hotel was available only about a week before event. Richard used his law enforcement contacts to secure airport pickup and drop off.

**World Championship Report** – Jack Hazen reported on the World Championship in Helsinki. The staff division of responsibility gave him twenty-five 800m and up athletes to keep track of. The walkers seemed to be isolated in sense they didn’t have much support. Many other athletes had their own personal coaches. Getting to know the walkers was a pleasure and Jack felt he was able to provide needed support for our walkers, i.e. finding a good training area. Overall the US team won more medals than ever before. In the Race Walks, Teresa Vaill dropped out early in race due to an injury. In 20K Men John Nunn and Tim Seaman walked close to their ranking coming into the race. In 50K Philip Dunn had an uphill finish into the Olympic stadium and finished 23<sup>rd</sup> well above his ranking of 37.

**Substance Abuse Education** – Alma “Jan” Price reported on the importance of getting the information out about supplements. Disagreement exists from many sources about use of supplements. Alma has been attending hearings and asking questions in order to provide RW with the most current information.

**Athletes for the Disabled Committee** – Chair has recently appointed A C Linnerud to represent the Race Walk Committee on the Athletes for the Disabled Committee. A C reported on attending his first committee meeting. The committee works with all disability groups. Topics discussed at the committee meeting included the success and non-success in recruiting athletes.

**Rules revisited** – Following the Rules Committee review and discussion of all 90 items, Steve Vaitones reported the two items of most concern to

the Race Walk Committee were handled in the following way. Item 80 (cautions and paddles) was approved with the change of wording from “can not” to “shall not.” The discussion of having multiple paddles was eliminated and can be brought back up next year which is a rules year. Item 81 (disqualifications) was approved as amended with Gary’s modifications. Final version will be available Sunday morning in rules packet.

**Standards** – Steve Vaitones reported that no need exists to tighten or expand qualifying times in order increase or decrease the size of competitive fields at national championships and the standards will stay the same as previous years – Men 1:36 Women 1:48 (20 km). In the September 12th RW Committee conference call, the Committee discussed having qualifying standards for U23 at 5 km and 10 km distances. The Men’s and Women’s Track and Field Committees did not go along with having developmental standards because meet in Indianapolis is not a development meet. However, U23 entrants can appeal to get into meet if they achieve the U23 standard. Basically to get a U23 athlete into the meet if he or she met the standard is to appeal to Chair Vince Peters. Appeals can only be approved if the athlete is already entered in the meet. (*U23 standards per September 12<sup>th</sup> Executive Board Minutes – U23 Men 5 km 22:20 10 km 46:00; U23 Women 5 km 25:30 10 km 52:00.*) Other standards for national championships listed in Convention Reports booklet and remain same as previous years.

**2007 World Championship** standards have been established for Osaka, Japan:

<b>Men</b>	<b>A</b>	<b>B</b>
20 km	1:23:00	1:24:30
50 km	4:00:00	4:07:00
<b>Women</b>	<b>A</b>	<b>B</b>
20 km	1:33:30	1:38:00

Qualifying period will be 1 September 2005 through 12 August 2007. Changes in number of qualifiers will improve our chances of sending more athletes to events. Additional athletes who have made the A or B standards, up to a total of 3 athletes, can now be sent. Trade off is that while we have opportunity to send more athletes we will have fewer competitions that can be used as a qualifying event. Race Walk Committee through our national office will have the 50 km in Clermont, FL; the World Cup Trials in New York; and the 20 km in Indianapolis approved as IAAF qualifying events. Committee has set aside \$2500 of committee money to get the required judges to the meets.

Gary Westerfield made a motion that a functioning, ongoing committee of RW officials meet at the convention. **Motion approved.**

**Action Item:** Addition to the agenda for next year - RW officials committee. Chair reported that he gets the list of officials applying for meets. Vince gathers a committee that includes officials who have not applied to work meets and athletes to review applications and make recommendations to the Official's Committee.

Selection to the USA 2006 World Race Walk Cup Team will be based on the rank order of finish in the Trials competitions. The Trials competition for the 50 km shall be on 2/12/06 in Clermont, FL. The Trials competition for the men's and women's open 20 km and junior 10 km shall be on 4/9/06 in Hauppauge, NY. Qualifying standards:

Men 50 km – 4:45:00

Women 20 km – 1:48:00

Junior Men 10 km – 51:00

Men 20 km – 1:36:00

Junior Women 10 km – 55:00

Open Men and Women teams have four members, Junior teams have three members. Discussion centered around the possibility in the future of having qualifying standards for the World RW Cup similar to the World Championship only not as tight.

**Development** – Maryanne Daniel reported that when the development committee met, Race Walk had to report that we had no development programs funded. Despite the frustration of being rejected for funding, the Committee is working to secure funding from other sources. We have ten different programs we are seeking funding for:

1. Talent ID camps looks more hopeful and appear to have support from the national office. Committee is asking for \$8000 to put Talent ID program into effect. Plan is to assess and identify 10 men and 10 women, provide mini RW technique clinic, and match athletes with a training program and a coach.
2. Funding for support for Junior Camp support.
3. Olympic Training Center support, but it isn't going to happen.
4. RW judging support.
5. NCAA Race Walk Championship Support
6. Athlete Summit
7. Technical Support and Outreach Program for Coaches
8. Ongoing coaches support for Talent ID Athletes
9. Coaching stipend

10. NCAA Race Walk Championship Enhancement Grant.

**Coaching Education** – Wayne Armbrust reported that he had reviewed the coaching education material for Level 1 and 2 with Troy Engle. Level 1 has race walking in it because the coaches want it. Wayne feels the key to improving RW in the US is to educate the coaches. Coaches need to feel they are competent to coach Race Walking and encourage the coaches to put their best long distance athletes into Race Walk. Coaching Education committee members are very supportive of having race walk included in the curriculum.

**Medical Subcommittee** – Maryanne Daniel reported committee is talking about providing additional elite athlete medical support, such as massage therapy. Maryanne is asking elite and emerging elite athletes to contact her and provide 1) a Race Walk resume; and 2) where they live. She will then work to match a massage therapist who would work free or a reduced cost with the athlete. She can be contacted at [ctracewalk@sbcglobal.net](mailto:ctracewalk@sbcglobal.net)

**2006 Staff Appointments announced** – 2006 World Cup Head Coach - Tom Eastler; Manager - Bill Pollinger; Asst Coach - Susan Armenta. US-Canada Dual Meet Coach – AC Jaime; Manager – Heidi Hauch

Meeting recessed at 12 noon.

## Friday, December 2

Committee reconvened at 2:20. Quorum was established. Meeting was chaired by Secretary.

### **Equipment and Facilities Subcommittee**

Vince appointed Dale Mulanax to attend the subcommittee meeting at this convention. Subcommittee discussed course certification procedures that have impact on the Race Walk community. Those procedures have already been discussed and associations hosting meets are provided with necessary requirements.

**Officials** – Members of our committee who also attended the official's committee meetings reported interest in discussions about liability and accountability. General discussion ensued with the conclusion that each person who officiates should investigate these issues more thoroughly.

**AAC** – Allen James reported that a Professional Athlete Association was being created. He also reported that the IAAF has recognized that no other country has an athlete advisory group like the AAC. A reminder that athletes are the vital component in what we do at USATF.

**Ethics Committee** – Allen James has been appointed as a member of a new independent committee of the Board of Directors. One of its roles is to create an ethics statement. Committee has also been looking at what constitutes a conflict of interest. He reports that USATF wants to be proactive with ethics and conflict of interest. They have been having monthly conference calls. Plan is having a document for presentation at the March Board of Directors meeting. The approach will be that the document would apply to the organization as a whole.

**Scientific Services** – Sports Psychology topics were geared to how coaches can stimulate training of a major event. Basically, a plan needs to be developed, coach and athlete must believe in the plan and the plan must be executed. Athletes will need help adapting the plan and refocusing or transitioning to next goal. Ultimate issue is that the athlete's support system must be intact at all levels. The closer the athlete gets to the ultimate goal the harder it is to stay in contact with his or her support system. A coach should teach the athlete personality traits that will allow the athlete to adapt. Teach work ethic, passion and use modeling as a ways to instill the desired traits.

Two books on coaching were highly recommended: Whale Done!: The Power of Positive Relationships by Kenneth Blanchard, and others (this is found under leadership) and Inner Strength: The Mental Dynamics of Athletic Performance by Dr. Ralph Vernacchia.

**Pan-American Cup Trials Update** – Gary Westerfield reported that in 2006 the event would be one week later. It will be a 2000m course. Order will be reversed – women then men. For US athletes, the entry form will only be an online entry.

**IAAF Report** – Bob Bowman stated his report was in the convention booklet. The IAAF is in the process of establishing a procedure to recertify technical officials and judges. Currently the United States has one Level III judge – Ron Daniel and five Level II judges – Bob Bowman, Darlene Hickman, Gary Westerfield, Elliott Denman and

Bob Hickey. The U.S. needs more Level II judges. A seminar is being planned that will provide the necessary training for new Level II judges. Gary Westerfield, Ron Daniel, Bob Bowman with Amadeo Francis are in process of setting a date and location. Current criteria for attending the Level II seminar is a maximum age of 50 and have USATF master level experience as a judge. The two day seminar includes lectures and testing. Area events that require three IAAF Level II and III judges are USATF track and field championships and International Trials races. Various issues concerning judging were discussed.

IAAF Bob Hersh added to Bob's IAAF report. His IAAF Council Report is also in the Convention booklet. Since there might be an opportunity for qualifying September 1, 2006 for 2008 Olympics, USATF Race Walking Committee should have any races we might want to be considered qualifying races on the IAAF calendar by January 31, 2006.

#### **NEW BUSINESS**

Cheryl Sunman reported that the 20 km Race Walk Championships in Indianapolis in 2006 would be in and out of the stadium with finish in stadium. Junior 10k races would be on the track.

Wayne Armbrust raised the issue about needing a proof of fitness for athletes going to international competitions in light of the expanded qualifying times. Discussion occurred with no action recommended.

**Regional Meetings** – The four regions broke up into regional meetings to develop regional race walking calendars. Each region is responsible for sending Vince a finalized calendar of their regional events by December 31, 2005. Responsible person in each region is:

- East – Maryanne Daniel
- South – Bert Pickell
- North – Diane Graham-Henry
- West – Dave Snyder

Meeting recessed at 6:00 p.m.

#### **Saturday, December 3**

Meeting reconvened at 10 a.m. Quorum was established and Chair called meeting order.

#### **Committee Awards:**

Ron Zinn Outstanding 20 km Male Athlete –  
Tim Seaman

Ron Zinn Outstanding 20 km Female Athlete –  
Teresa Vaill  
Ron Zinn Outstanding 50 km Athlete – Philip Dunn  
Mike Riban Outstanding Contributor Award –  
AC Jaime  
Outstanding Association – Long Island  
Henry Laskau Junior Outstanding Female Award  
– Maria Michta  
Henry Laskau Junior Outstanding Male Award –  
Zach Pollinger  
Chair Special Award for Service –  
David Baldwin, Maine Association

Maria Michta was also presented with the 2005 Al Heppner Scholarship award by Maryanne Daniel. As a point of interest, the 2005 Master RW Award for Females was presented to Teresa Vaill and for Males to Ray Sharp and Paul Johnson.

The RW Executive Committee's decision that starting in 2006 to only have one male and one female Ron Zinn Outstanding Race Walker of the Year was reported. Also starting in 2006, the Henry Laskau Junior Award will be handled by RW committee in same manner as other awards.

**Judging Mini Training** – Recording Training was presented by Ron Daniel on proper recording techniques. Handout is available for anyone who would want it. Contact Ginger Mulanax [gmulanax@hotmail.com](mailto:gmulanax@hotmail.com)

**Hour Walk Organization** – Assignments and car pooling arrangements were given so that all persons interested were able to get to the One Hour Championship held at Bolles High School Stadium in Jacksonville.

Respectfully submitted

Ginger Mulanax, Secretary