



Long Distance Running



Long Distance Running Division Executive Committee Meeting

Thursday, Dec. 5, 2002

Jerry opened the meeting at 11:28 am.

He introduced the configuration of the LDR Division Executive Committee for 2003 as:

Jerry Crockett, Division Chair
Carol McLatchie, Women's LDR Chair (After 3:45 pm
Friday election "at-large portfolio")
Danny Grimes, Men's LDR Chair
Norm Green, Masters LDR Chair
Nancy Hobbs, MUT Council Chair
Anne Timmons, XC Council Chair
Mike Wickiser, Road Running Technical Council Chair
Charles Mahler, Championships Coordinator
Linda Honikman, RRIC
Phil Greenwald, Budget Committee Liaison
Jim Fischer, Coaching Education Liaison
Fred Finke, International Competition
Creigh Kelley, International Competition
Don Lein, Awards Liaison
George Kleeman, Officials Liaison
Ray Lapinski, Development Committee Liaison
Nina Kucsik, Governance Liaison
4 athletes appointed by the AAC

Jerry plans to hold several conference call meetings in 2003. In-person meetings are not possible given a division budget of \$8,000.

Linda Honikman introduced the issue that RRIC's \$85,000 budget grant and RunningUSA's \$30,000 budget grant were cut by the Budget committee and Board of Directors. An appeal needs to be made at 1:00 pm today to shift the \$30,000 to the Marketing/Membership Development portfolio in the national headquarters. Extended discussion followed concerning whether to appeal the \$85,000 at this same time or to delay an appeal until 1) we get our act together; and 2) we can couple the request with a revenue-generating plan.

The Terry Crawford led task force auditing RRIC has proposed (and the BOD approved) that in 2004, the RRIC data management function be put to competitive bid. Linda stated that if such an approach is communicated to Ryan Lamppa following this annual meeting, he will "walk" on January 1.

RRIC has proposed that sanction fees be increased by an average of \$50 beginning no later than June 1, 2003 and has proposed a distribution of new revenues that could benefit RRIC, RRTC, the LDR division and possibly Associations. After discussion, Officials' stipends could

also be funded from this revenue source arising from track and field sanctions.

Decision accepted by consensus was to present the \$30,000 request to the Budget committee but delay presentation of sanction fee increase.

The meeting was recessed at 12:17 pm.

Sunday, December 8, 2002

Jerry opened the meeting at 8:10 am. He described a major purpose of the meeting was to orient the new Women's LDR chair, Elizabeth Phillips. She arrived at 8:29 am.

Attendance included: George Kleeman, Carol McLatchie, Ray Lapinski, Will Lindgren, Charlie Mahler, Don Lein, Nancy Hobbs, Kevin Setnes, Dan Brannen, Phil Stewart, Jim Fischer, Mark Winitz, Linda and Basil Honikman, Jerry Crockett, Norm Green, Creigh Kelley, Nina Kucsik, Danny Grimes, Mark Zenobia, David Martin and Elizabeth Phillips.

Mark Winitz reported that Craig Masback affirmed having Bob Bowman lead LDR in strategic planning and Bob is willing. Linda wants the division to adopt the USATF plan and then focus on governance and a couple of smaller areas. Mark Zenobia asked if the division can raise funds independently from the national headquarters and asked if we were given \$250,000 how would we spend it?

Creigh stated that gifts/funds specifically designated go to their intended recipient. Nancy reported that MUT got its own sponsor (TEVA) for three years. In discussion, the following three areas were seen as priorities; fund our circuits, increase development programs, RRIC.

Team USA California is seen not just as Olympic development but also to create athletes that can be inspirational to others. Question raised was: *Can we do strategic planning with just one meeting a year plus some conference calls?* Linda noted that race statistics reveal that participant runners are getting younger, while competitive athletes were getting older. Creigh expressed the opinion that after two days of planning; we would "bang out" about the same plan as we have now.

Mark Winitz noted that Bob Bowman is also good at helping a group implement its plans. Basil said we should do what we can to get the sanction proposal adopted so we will have the funds to use in planning. Don remarked that there is a difference between strategic planning and operational planning. We have to get specifics to sell sponsors. Ray said we have to embrace the Associations if we want to keep USATF together. Danny noted that if we raise sanction fees, everyone wins. We have to provide solutions to overcome the complaints of the track and field people and LDR.

George Kleeman moved, Nancy Hobbs seconded, and the committee VOTED that we take the current strategic plan and have 3-4 persons review it, massage it for future study and add financial elements as needed.

Jerry asked for volunteers and then appointed Elizabeth Phillips, Chair, Ray Lapinski and Mark Winitz.

George asked the executive committee to study the governance handbook (particularly the Operating Procedures for the division) and let him know of any needed changes.

Phil stated that raising sanction fees to increase revenue is regressive. Danny noted that a lot of costs are not in the current sanction fee (e.g. RRIC). Mark Zenobia stated that our major potential source of revenue should be corporate sponsors, not increased fees. Phil added the need to emphasize services. In further discussion, the committee was told that 40% of USATF members are LDR, producing \$770,000 in revenue; sanctions produce \$475,000.

Creigh said there is a danger that USATF is polarizing worse than ever. Track and field believes we are not pulling our weight. Norm Green suggested that Associations that have LDR programs have growing memberships. Norm Brand noted that USATF seldom keeps a sponsor for more than ten (10) years.

George reported that out of 1800 certified officials, 2247 have indicated LDR among their interests.

The session was adjourned at 9:07 am.

Respectfully submitted:

Norman Green
Secretary

LDR Division General Meeting

Thursday, December 5, 5:30 p.m.

Jerry Crockett, Division Chair, opened the meeting at 5:39 p.m., and announced that copies of the agenda were available in the back of the room.

Chair Report

Jerry stated that LDR has had a difficult period regarding budget allocations; though being with LDR folk at this convention revives him. He thanked all the LDR leadership for contributing to his receiving a President's Award this morning. Jerry introduced Danny Grimes and Norm Green at the head table and then the other members of the newly formed Executive Committee. He said Carol McLatchie will remain on the Executive Committee after the new Women's LDR chair is

determined. Team USA has revealed the increasing quality of U.S. long distance runners.

Jerry appointed a task force of Charles Mahler, chair, with David Oja and Ken Robichaud to explore the issue of club team championships for road races.

Transponder Timing for Records

The proposal to use chip net times for record purposes is controversial. Don Lein expressed a concern that he will receive data for Masters LDR Award purposes that compares apples and oranges (gun times and net times). David Katz described use of transponder timing as a safety issue. Norm told Don that he would not receive two times for an athlete but only one, thus Don could use the single time provided per athlete per event in award consideration.

Basil Honikman said he no longer supports the net timing proposals. He believes the issue is not one of where mats are placed at the start but how the start is organized. He suggested that wave starts or seeded corrals would lessen the difference between gun and net time. Jerry invited each committee to express its opinion for the Rules Committee to consider.

Bill Roe and John McArdle

Bill introduced John McArdle who described briefly the USATF Foundation that has just been established. John said that he had received many gifts and pledges today following his morning presentation. He invited more others to respond.

Budget for 2003 and Member Development

Jerry announced that the Budget Committee saw today real cohesion among the LDR representatives. Danny said we are in a crisis period for LDR budget support. LDR receives collectively fewer dollars than when the overall USATF budget was one-half of its present value. Danny said we are proposing a new plan to generate membership dollars that can be designated for LDR purposes. LDR now generates huge sanction fee revenue, while races provide many in-kind services to USATF through free advertising.

USATF budget has about 4 sources: 1) USOC—no dollars will come to LDR since our last Olympian was Joan Benoit Samuelson in '84 marathon; 2) Sponsor dollars tied to specific programs; 3) Events; and 4) Memberships. LDR collectively receives about \$200,000 from a \$16,000,000 budget. Alan Steinfeld noted that NYRRRC has 38,000 members, of whom about 13,000 run more than one race in a year. So, why do the other 25,000 belong?

Rules Amendments that Impact LDR

Carol McLatchie reported that Nina Kucsik wanted the division to discuss Item #127 presented by Phil Stewart. Item #127 would increase separation of start and finish to

50% from the present 30% and remove the ability to use wind measurement to prove runners were not aided on a course beyond 30% separation. Phil's reasoning offered was conformity with IAAF. Anne Timmons reported that IAAF Council had adopted the 50% proposal but that the rule would not become effective until the IAAF World Congress approved it in 2005. Anne further reported that many council members have reconsidered their approval of this matter. Norm suggested that adopting this rule change for the U.S. in 2002 to conform with an IAAF rule that won't become effective until 2005 is premature. He moved, Ken Bernard seconded, and the division VOTED to deny this rule amendment. The division further asked Anne to report that the U.S. encourages IAAF to adopt the well-tested 30% and wind-measured record experience that we can offer. RRTC is a resource for additional insight concerning the rationale and experience that led to USATF adopting the rule in an earlier year.

L&L Amendments that Impact LDR

Carol reported that division members should study Amendment A offered by Bill Roe since it appears to eliminate LDR athletes for consideration by Athletes Advisory Committee.

Supplements or Substance Abuse?

Jerry introduced Dr. Mark Troxler, who spoke to the above topic. His bottom line recommendation: check USADA and WADA websites for current list of banned substances and avoid supplements.

The meeting was recessed at 7:48 p.m.

Saturday, December 7—1:00 p.m.

Jerry Crockett, Division Chair, opened the meeting at 1:14 p.m.

Road Running Information Center Report

Linda Honikman said RRIC provides information services to LDR; she is editor of "On the Roads." RRIC is restructuring, combining activities and websites with the USATF Office of Communications. The LDR Division survey on Thursday resulted in the following priorities:

1. Publish "On the Roads" quarterly
2. Produce national rankings and records
 1. Olympic Marathon Trials support
 4. Research and support for LDR
 5. Competitive Age Group rankings for youth and masters

Larry Eder has published "On the Roads" for free through his publication, has added color photos, and significantly increased circulation. They have also added youth news. Age-graded factors will be updated January 1, 2003.

Linda presented a certificate to Carol McLatchie, outgoing chair of Women's LDR for her 6 years of service. Jerry recognized Elizabeth Phillips as the new WLDR chair and also provided Carol a certificate.

Women's LDR Report

Carol reported that the Olympic Marathon Trials procedures have not yet been approved. 2:48:00 gun time remains as the qualifying standard. The trials will be April 3, 2004.

Men's LDR Report

Danny Grimes reported that the Men's Olympic Marathon Trials will take place in February, 2004 with standards the same as in 2000.

Championships

Hank Brown reported the 2003 men's championships are:

5K	Providence, RI	September 7
8K	New York, NY	April 5
10K	Mobile, AL	November 1
15K	Jacksonville, FL	March 8
10 Mile	Louisville, KY	March 29
20K	New Haven, CT	September 1
HMar	Kansas City, MO	June 7
25K	Grand Rapids, MI	May 10
Mar	Birmingham, AL	February 8

Will Lindgren reported the 2003 women's championships are:

5K	Albany, NY	May 31
10K	Boston, MA	October 13
15K	Jacksonville, FL	March 8
20K	New Haven, CT	September 1\
HMar	Duluth, MN	June 21
25K	Grand Rapids, MI	May 10
Mar	St Louis, MO	April 5
Marathon Team Relay	Akron, OH	October 11

Nancy Hobbs reported the Mountain/Ultra/Trail championships are:

8 Mile Mountain Championships Vail, CO July 6

Mountain Selection Races are:

13.2K USATF New England Mtn Running Champ Northfield, MA June 7

10K Teva Spring Runoff Vail, CO June 7

Alyeska Mountain Run 7.7K women; 11.8K men Girdwood, AK August 9

Ultra distance races are:

White River 50 Mile Crystal Mountain, WA August 2

Golden Gate Headlands 50K Sausalito, CA August 23

Olander 100 Mile Road; Sylvania, OH September 13-14

San Diego One Day El Cajon, CA November 8

Current Status of LDR as viewed by the President

Bill Roe said the organization is still struggling to get development funding for LDR. USOC does not recognize Half Marathon, Marathon, or Ekiden Relays as worthy of funding. Bill is excited by the national championship for clubs initiative. He is monitoring the health of RRCA but USATF can not offer funding yet. Running USA is a concern. He does not believe we can market USATF without Running USA.

Cross-Country Council and IAAF XC-Road Running Committee Report

Anne Timmons said World XC events are set for: 2003 Lausanne, Switzerland; 2004 Brussels, Belgium, and 2005 LeMans, France. The Half Marathon World Championships are scheduled for India in 2004 and Edmonton, Alberta in 2005.

Anne said her IAAF report is on page 69 of the Reports Book. Separation of start & finish in road races has been discussed. XC scoring eliminated individual and incomplete teams 2 years ago though IAAF is dragging its feet from implementing the rule.

Championships cont'd

Ken Robichaud reported the Masters championships are:

5K for women Albany, NY May 31

10K Paso Robles, CA September 28

20K Wheeling, WV May 24

HMar Austin, TX February 2

25K Grand Rapids, MI May 10

Marathon Twin Cities, MN October 5

Marathon Team Relay Akron, OH October 11

David Oja asked if the division could agree today on how many LDR championships in 2003 could offer club team components. Norm Green said he did not see how to implement a team component in 2003 since contracts would be in the works immediately. Hank Brown agreed; noting that club teams can be encouraged but not enforced.

Current Status of LDR as viewed by the CEO

A lot is going well in the LDR scene. There are issues internal to USATF and many with other organizations. LDR budget is a concern. Craig was asked why we aren't selling LDR sponsorships. He sees LDR as a valuable product but thus far has not been able to sell it. Octagon has had the contract as our marketing agent for 4 years and has had a lot of staff turnover in the past year or 2. Mark Winitz asked if we could employ Bob Bowman to forge a strategic plan for LDR and use that for marketing. Craig responded that the major lack is headquarters staff to support your committee chairs.

Chair's Report

Jerry said the official reports are in the Reports Book. He feels more positive than when he wrote his report.

Representation of the councils on the board of directors will not come soon.

Masters LDR Report

Our awards were announced at the breakfast by Don Lein; Ken Robichaud has just reported our championship bids. We approved the records recommended by the Records Committee and offered our views on Rules amendments. The major concern of our committee is that the validation of birth-dates primarily in regard to non-citizen athletes has been tabled for the year.

MUT Council Report

Nancy Hobbs reported that the council is working on selection criteria for international teams. TEVA is a major mountain team sponsor. The 2003 World Mountain Running Trophy event is scheduled for Alaska.

IAAF Council Report

Bob Hersh said the last IAAF Council meeting had several items of interest to LDR. Athens Olympic Marathon had been scheduled for 5:30 p.m.; the Council objected to the danger of Athens heat. Finally it decided to put the 2 marathons back to back on 2nd weekend of the T&F competition with an early morning start. In regard to standards for World Bests, he has tried to get the 30% separation rule adopted, but lost. Council approved 50%; that is a final decision for the present. World Bests will be recorded for 10K, 15K, 20K, HMar, 25K, 30K, Marathon, 100K, and 6-person Road Relay teams.

Bob's report was interrupted briefly for Teddy Mitchell to introduce Khalid Khannouchi. Then Lloyd Stephenson asked if the IAAF Council was dealing with the issue of questionable birth-dates for many international athletes. Bob said it has not and asked if we wanted him to take on this issue. The strong sentiment was affirmative. Bob also reported the IAAF separation rule does not account for wind.

New Program for LDR Officials

Tim Baker reported that the Potomac Valley Association had organized a program to certify officials in LDR with the cooperation of Maryland RRCA, the Army 10-Miler and the Marine Corps Marathon. They had 23 participants in two sessions. George Kleeman announced that Pacific Association has had such a program for several years, and he maintains a list of all LDR certified officials in USATF.

The committee adjourned at 3:03 p.m.

Respectfully submitted,
Norman Green, Masters LDR secretary

Men's Long Distance Running

Committee Meeting - December 5, 2002

The meeting convened at 1:00 p.m.

Minutes

The minutes of the Men's Long Distance Running Committee from the 2001 USATF Convention are printed in the general minutes of that convention (the larger blue book). Those minutes were adopted by resolution.

Agenda

The proposed agenda for the MLDR Committee for the 2002 convention was distributed (Exhibit A). That agenda was adopted by resolution.

Awards – David Coyne

Departing from the agenda due to the absence of several individuals, the recipients of the awards traditionally given out by the MLDR Committee were announced (nominations were taken, and voting conducted, by e-mail prior to the convention). The award winners are:

Scott Hamilton Award: Tom Cotner

H. Browning Ross Long Distance Running Merit Award:
Dan Grimes

Robert E. De Celle Jr. Award: Khalid Khannouchi

For full details, see the awards report (Exhibit B).

Championships (part 1): Hank Brown

Exhibit C is the report of the Championships Subcommittee, which provides details as to the 2002 USATF MLDR Championships and the bids received for 2003 and beyond. The bids include several new events, and cover every distance for which a road race championship is to be held in 2003, with several of them also covering 2004. The subcommittee will meet later in the week to make its recommendations on the bids, and will then bring those recommendations back to the full committee for approval.

There were numerous questions/comments from those in attendance:

Some athletes were concerned about the fact that the bids for the 20K and the half-marathon include races that are very close on the calendar, making a full recovery between the events difficult if not impossible, if those two events were to be chosen as championships.

It would be desirable to have more of the championships be selection races for international teams. This would, of course, require careful attention to the schedule. Brown indicated that this would be considered in selecting championships.

The championships are a definite aid to American athletes, for which the athletes are thankful.

At last year's convention, there were questions as to whether the American-only format was helpful or deleterious to American competitiveness on the world scene. This year's championships, however, featured many high quality performances, belying those concerns.

If there were multiple bids at a given distance, one solution would be to hold regional championships. This would, of course, require a coordinator in each region. The Associations Committee may have something in place that would make this relatively easy.

To what extent are the championships selected giving consideration to the inclusion of club championships? The subcommittee has not focused on that to date, but will attempt to do so in the future. There was discussion as to whether club championships might be better held at regional championships, due to the cost of travel for locally based teams. One potential solution would be for an Association championship to help send the winning team to the appropriate regional championship, which would then help send the winning regional team to the national championship. Another suggestion, on the broader issue of incorporating club championships into the national championships, would be to include it as a consideration on the bid form, and see how the bidding events respond. Some of those in attendance, however, wanted to require it for a successful bid.

Brown then went through the bids received. There were two additional items of note in that regard. First, the New Haven 20K might have some AADP money. Second, the Hospital Hill Half-Marathon may be able to increase its prize money, including a record bonus. Brown added his thanks to Hospital Hill for hosting the championship for 2002.

There were additional questions/comments:

Why is the number of bids so small? We must all work to recruit races to bid for championship status. We should go back to our respective Associations, and convince good local races of the value of being a championship. There are great American athletes, and a local race can get them if it is willing to put in the work necessary to make a bid. The Pacific Association holds multiple championships at a given distance in a given year. Following that model might be worthy of consideration.

Int'l Competition (part 1): Fred Finke

Staff selections are a major concern, with many applicants inflating their credentials. Finke has history of actual positions, certifications, etc., which varies substantially from the positions, certifications, etc. claimed. When he brought this to the attention of the selection committee, one result was that a good number of LDR applicants, who had clean resumes, received appointments. In the long term, this success may raise two difficulties. First,

there is a general lack of applicants from the LDR community. We need to do a better job of recruiting applicants. Second, there is a lack of positions that are available to novices. We need to expand those opportunities.

Mountain-Trail-Ultra (part 1): Kevin Setnes

The MUT Council has been restructured, with one chair (currently Nancy Hobbs), rather than separate men's and women's chairs.

The 2002 championships were successful, with good prize money awarded.

The U.S. sent teams to the World Championships at 100K and mountain running, and may be able to send a team to the 24-Hour Championships in Holland.

The men's Ultrarunner of the Year is Chad Ricklefs in the open category, and Roy Pirrung in the masters category.

Substance Abuse: Jim Peterson

Peterson's written report is Exhibit D.

The World Anti-Doping Agency (WADA) is the applicable world body, while the USADA is the American body. The USADA is an independent agency, not controlled by USATF.

There has been a significant amount of controversy concerning USATF's anti-doping efforts prior to and during the Sydney Olympics. That issue is currently before an arbitration court, which will issue its report soon. The report of the independent review commission (investigating the same issue) includes several recommendations for the USADA, which that organization is working to implement.

There have been three consistent problems in the anti-doping effort, as it is currently administered.

First, if a positive result of an "A" sample test is publicized, the media tend to "convict" the athlete on the basis of that sample alone, even if later analysis of the athlete's "B" sample indicates that he/she was clean.

Second, provisional suspensions have raised similar difficulties.

Third, the ability of some labs to do proper analyses is in doubt. The key issues with regard to all three problem include the delicate status of the presumption of innocence, the deleterious effect of a positive result on an athlete's career, even if he or she is later cleared, the need to protect clean athletes, and, of course, money.

Genetic engineering will become a more important issue in the future, as scientists are close to identifying the gene that triggers natural production of EPO. Once that gene is identified, it may be impossible to tell which athletes have higher levels of EPO through artificial means.

Nutritional supplements are a continuing problem, as many of them contain banned substances that are not listed on their labels.

The legitimate medical uses of banned substances are also a problem that needs to be worked out—what to do with athletes who have legitimate reasons for using proscribed drugs, and the potential for athletes to use those legitimate purposes as a cover for performance-related use. The WADA might drop the ban on human growth hormone, and is looking at banning high-altitude tents.

Everyone needs to work against drugs. Paula Radcliffe is an example of an athlete who has taken a strong position against performance-enhancing drugs.

There were two questions:

When will out of competition testing begin in the U.S.?
That is uncertain.

Is there sufficient funding for testing and educational efforts? There isn't a lot of money available, but there is some.

Budget Comments: Dan Grimes

The administrative budget is now \$15,000, which is the same as last year. In fact, all LDR budgets are at the same level as last year, while the track & field budgets have been increasing.

The Road Running Technical Council took a big hit to its budget. The Road Running Information Center's budget has also been challenged, but may yet be saved. The same is true of the Running USA line item—it suffered at the Board of Directors, but the Budget Committee wants to bring it back into the budget. The question is how the Board will react if that is done. The Budget Committee has been supportive, especially after Grimes demonstrated the extent to which USATF membership comes from LDR athletes.

Olympic Trials: Dan Grimes

The course has been laid out, measured, and certified. It is flat, and should be fast.

The Birmingham organizing committee is behind schedule on a few things, but not seriously so.

World Championships Selection: Dan Grimes

The first-place finisher from the 2002 Twin Cities Marathon (the U.S. Championship) and the first three finishers from the 2003 Championship in Birmingham will be invited. The remaining spots will be filled from the list of top performances.

There are some questions as to when athletes must declare whether they will be competing in the World Championships, and as to the window for selection-worthy performances. These issues have not yet been resolved.

The top 25 finishers from the World Championships Marathon will receive an automatic "A" qualifier for the Olympics.

The criteria for selection to the Half-Marathon Championships have not yet been determined. Questions of fairness, which counsels toward a selection race, and the desire to select the best available athletes, which counsels toward the use of performance lists, are involved. There are also questions as to the selection of the Ekiden team—the team may not have been chosen in full accordance with the published criteria. There was substantial confusion as to what criteria were used, and whether the published criteria were the best option. One proposal was to hold a 5K and a 10K selection race during the same weekend. A further complication was raised by the Chiba organizers' stated willingness to spend some money to get the top American stars, who might not run a selection race, to the event.

The meeting adjourned at 3:22 p.m.

December 6, 2002

Activities

The meeting convened at 8:12 a.m.

Agenda Changes

Items to be added to the third session, to be held on December 7, include:

- Championships—additional discussion
- Membership Plan
- Khalid Khannouchi's requested bye to the Olympic team
- A philosophical question only
- Cross Country report

International Competition: Fred Finke

Exhibit E is a written report on LDR team leader selection.

Staff selections are often made by simply identifying potential candidates and calling them to see if they would be interested. This is particularly true where a previously-selected individual drops out shortly before the competition.

This year, the USATF Executive Committee has given the staff selection committee some leeway in its selection criteria. The EC wants someone who has been to the USATF Convention, and who has been on a staff previously. It will allow the selectors to go beyond those criteria, on occasion, for junior staff positions.

For 2003, there will be an additional opportunity—the marathon relay in Akron. This might open things up, allowing the appointment of two novices.

Charlie Mahler gave a report on the 2002 World Half Marathon Championships. It was a chilly day, and the course was challenging. The U.S. team finished 10th, with David Morris as the top individual finisher.

Kevin Hanson gave a report on the 2002 Chiba Ekiden. The U.S. team finished 7th out of 16 teams. Creigh Kelley followed, stating that Scott Simmons' report from 2001, which detailed logistical and team management suggestions, was very helpful.

Rigo Carbajal was on a staff recently, and was so good that the athletes and the organizers would like him to be on future staffs.

Law & Legislation/Rules: Norm Brand

This is a rules year, so most of the following individual items relate to proposed rule changes.

Trophies—nothing controversial. The new rule reflects the elimination of national clubs.

Date of Birth—action has been postponed pending a report from a task force appointed by the USATF President.

Separate MLDR Awards (rule 16.5)—applies to championships that are team rather than individual championships, such as the Fall Cross Country Nationals. This may require some re-wording to avoid the elimination of team scoring at regional championships.

Road Mile—added to list of LDR championships. The Pacific Association has had success with the road mile, seeing it as a good way to get track runners into the LDR scene. The MLDR Committee approved the proposed rule.

Chip issues will be addressed at the December 7 meeting. Timing and Recall at Cross Country Meets—the proposed rule includes detailed requirements for start procedures, and for a recall if someone falls in the early going. One commentator stated that using a whistle to call runners to the start has worked well in the Pacific Association, but another felt that it might be confusing, with some runners thinking that it signals the start of the race. Other commentators thought that the specificity of the rules, detailing exactly where the starter must stand, etc., do not sufficiently take into account the wide variations of conditions encountered at cross country meets. A further commentator thought that a recall was out of place in cross country—it's part of the game—while yet another was troubled by the mandatory nature of the rule, asking whether the entire race would have to be re-run if the starter failed to see a fall. Another noted that the World Championships do not use such a detailed rule. The general consensus was that the rule is too specific to be mandatory—the matter would be better addressed by making the prescriptions into recommendations, and by including them in the starter's handbook. The MLDR Committee rejected the proposed rule.

Timing Systems at Cross Country Meets (Rule 115)—the proposed rule includes instructions for timing, including a requirement that video be used. While there was some

sentiment for this to be a handbook issue as well, several people felt that the potential timing problems at large cross country meets counsels for a rule. There was a suggestion that the video also include audio, as it can be very helpful if the operator (or someone else) yells out information during the race. The consensus was to approve a rule requiring video, and to include details in the handbook. The MLDR Committee on that basis approved the proposed rule.

Record Quality Road Race Courses (Rule 127)—the proposed rule would change the 30% rule to 50%, but would eliminate the tailwind provision, making it easier for courses to qualify as loop courses, but denying point-to-point courses any possibility of being considered of record quality. The IAAF is moving toward this rule, but it was rejected at the joint LDR Committee meeting. The consensus was to wait for the RRTC to review it before making a recommendation.

Women-Only vs. Mixed Races (Rule 185.6)—the proposal is to delete this rule, allowing world bests to be set in mixed races. The committee was unsure whether there was a similar IAAF rule. There was a feeling that having two sets of records was confusing. The proposed deletion of this rule was approved by the MLDR Committee.

Marathon Relays (Rule 187)—the proposed rule would add five and six person marathon relays as record events. While rule 187 does not address the distribution of the relay legs, that issue is fully addressed in rule 16.6. The MLDR Committee approved the proposed rule.

National Clubs—this is a law and legislation issue, carried over from last year. Brand gave a recap of the arguments on this issue. One commentator felt that national clubs should be dropped, as they have not been very active, and have not helped to develop athletes in the way they were meant to when they were first created. They also make it difficult for local clubs to field a good team, as being on both a local and a national team is proscribed. Another commentator, however, felt that doing so might weaken the national meets, and that the shoe companies might respond by reducing their support of athletes in general. It might also be contrary to the movement toward training centers such as the Team USA centers. A third commentator, citing the example of the New England Association, opined that it might actually increase shoe company support, with the companies supporting several local clubs. An alternative is to allow an athlete to compete on both a national and a local club. The consensus was to ask Ed Parrot to speak to the committee as to the reasoning behind the move, before making any recommendation.

Athletes for the Disabled: Barbara Chambers

The USOC has developed a U.S. Paralympics program, which fielded a team at the World Championships in

Lille, France. The U.S. highlight was a bronze medal in the Quad Marathon, on a very challenging course.

Hand cycles remain a point of contention. On the whole, the movement has been toward including them in cycling events, since hand-cycles are closer to bicycles in their movements, and the U.S. Bicycle Association has embraced them. Some athletes, however, continue to demand participation rights in marathons, due to their prestige and prize money. The IAAF prohibits hand cycles, and most people in the running/track & field community feel that they do not belong in running events. Some events have separate divisions, allowing hand cycles in order to avoid controversy. An unresolved question, though, is whether event insurance would cover any accidents involving hand cyclists.

Road Running Technical Council: Dan Grimes

Their budget has been slashed. The MLDR Committee has appealed on their behalf to the Budget Committee, particularly due to the additional needs occasioned by the Olympic Trials. So far, we have no knowledge as to how that appeal has fared.

Track Coach Magazine: Russ Ebbets
Ebbets made a call for articles for the magazine

Scientific Services: David Martin

Exhibit F is a written report on the committee's activities. One contentious issue has been the start time of the Olympic Marathon. The scientific research indicates that evening would be best, and that information has been given to the IOC, but television wanted a morning race, so the IOC's decision seems to be for a morning race. That decision, however, might not yet be final.

The trans-gender issue continues to appear, though there hasn't been a lot of movement on it recently. So far, it has been handled on a case-by-case basis. Jill Pilgrim and Martin have researched the issue and written an article on it, which will be published soon.

A new rule provides that asthmatic athletes will need a special certification of their medical needs before being allowed to take medications that would otherwise be banned. A simple letter from a doctor is no longer adequate. Instead, a full medical report, with test results etc., will be required. This raises several concerns. First, the athletes need to be notified of the change, and of what is necessary in order to comply with the new requirement. Second, doctors must be identified who have the ability and the equipment to do the testing. On this issue, the local associations may be of help, since many prominent races have hospitals as sponsors. As an alternative, testing could be done by local doctors, and the test results sent to Harmon Brown, who would then certify the need. This would ensure that the certifications are done properly.

The meeting adjourned at 9:58 a.m.

MASTERS LONG DISTANCE RUNNING

Wednesday, December 4 – 7:30 pm

Norm Green, Chair, opened the meeting and announced that Barb Leininger, secretary, had just begun a new job and was unable to attend this convention. Without objection, Norm offered to take minutes of this meeting.

Athlete of the Year Award Nominations

Don Lein distributed his reports stating that RRIC had provided its “10K equivalencies” as a common means of comparing performances across distances. Charles DesJardins reported that Barbara Miller (F63) had done 2:29:32 at the Clarksburg (CA) 30K for a single-age record, while Myra Rhodes (F70) had done 2:47:08 for an age group record in the same event. Since both performances came too late to be included in the RRIC 10K equivalencies, they must be noted as additional information.

Otto Essig Award Nominations

Ken Robichaud nominated Jerry Crockett. Carole Langenbach nominated the Twin Cities Marathon. It was agreed to keep nominations open until Friday’s session.

Chair’s Report

The Executive Committee met at the Twin Cities Marathon and this morning. To increase communication it proposes to add 2 conference phone meetings in 2003. The only road championships we had in 2002 were the marathon and the women’s 5K. Ken Robichaud has done a terrific job in contacting many events about bidding for a Masters championship. He has 9 bidders for 2003—what an improvement!

Norm said we would hear marvelous reports from Carole Langenbach for Cross-Country and Theresa Daus-Weber for Mountain/Ultra/Trail councils. The two councils have held great championships, and the two women have represented us well. Executive Committee received Charles DesJardins’ resignation in September and has appointed Mary Rosado to be our Team Manager for 2003’s WMA World Championship in Puerto Rico. There has been no discussion to date about any US candidate for WMA officer positions becoming vacant in 2003.

The Executive Committee recommends that this committee approve a new Championship Guideline that permits and, indeed, encourages double-dipping for Masters who also earn open prize and cash awards. There was discussion of this concept, with one noting that logically a 60-year old should be able to claim open, 40, 50, and 60 year cash appropriate to his/her place. John Boyle and Jack Wing volunteered to work on phrasing this guideline for a later decision.

Norm reported that much of his time in 2002 has been spent regarding international athletes claiming Masters status, but for whom previous declared birth-dates would suggest they were under age 40. Hence, rule amendments have been proposed to deal with the issue. Charles DesJardins reported that WMA’s non-stadia committee has previously declared that this issue is exclusive to the U.S. At Riccione, Italy, this spring, there was a far wider recognition of the problem by representatives around the world. Charles has proposed to IAAF that it provide a clearinghouse to verify the age of any athlete seeking to compete outside his/her country of origin.

Norm finally reported that his printed report could be found on page 97 of the Report’s book.

Board of Directors Report

Norm reported that the Board spent extended time discussing a report from a task force assigned to audit RRIC and RunningUSA. Terry Crawford, Angie Taylor, and Dan Pierce were the task force members. Final decision was to refer the report (except item 4) to the Budget Committee and to accept the 2003 budget proposal except for the line items (\$30,000 and \$85,000) related to RRIC/RunningUSA for action by the Budget Committee, with those 2 line items subject to later modification.

Other Discussion before George Kleeman arrived

Charles DesJardins stated that the best WMA Council position the U.S. could seek is that of Executive Vice President, now held by Tom Jordan, who can not be re-elected. Bill Quinlisk asked if anyone had raised the question of scoring Masters XC by place instead of time. Carole Langenbach said that Anne Timmons had tried to propose a rule change and was told that she was too late for this year. John Boyle stated that he had studied 15 meets of XC results and found that place scoring would not have changed the results based on time scoring for Masters.

Rules pertaining to Masters

George Kleeman reported that items 2, 4, 7, 8 change “alien” to “non-citizen” for consistent wording used internationally. Items 9, 11, and 172 are rules that relate to team championships and are consistent with an effort to eliminate national teams. Items 16 and 171 offer amendments that deal with the birth-date issue, primarily in regard to international athletes. Items 53, 54, 55, 113, and 129 deal with transponder timing for records. Sam Walker moved, Bob Langenbach seconded the motion to deny chip timing for records. Extended discussion ensued, including a statement by Norm that in his opinion chip timing provides safety for older athletes in a large event start. The motion was defeated. Ken Robichaud moved and Jack Wing seconded the motion to accept chip timing for record purposes. *The motion was adopted 13 to 2.*

Carole Langenbach asked to have Rule 1.1 apply to Masters also, since it now restricts championships to US citizens only in Junior and Open XC championships.

George noted that items 130 and 131 offer new events for record-keeping purposes. On motion by Lloyd Stephenson and second by Charles DesJardins item 130 was approved. On motion by Ken Robichaud and second by Charles DesJardins item 131 was rejected.

The committee recessed at 9:28 p.m.

Friday, December 6 – 7:30 am

Norm Green, Chair, reconvened the committee at 7:31 am. He called Don Lein to assume the chair in order to present the Athlete of the Year Awards

Athletes of the Year

Don Lein presented the female nominees from whom the following awardees were selected:

F40	Linda Somers-Smith
F45	Joan Samuelson
F50	Kathryn Martin
F55	Joan Ottaway
F60	Shirley Matson
F65	Margret Betz
F70	Myra Rhodes
F75	Muriel Merl
F80	Louise Rossetti
F85	Hedy Marque
F90	Edith Allen
M40	Eddy Hellebuyck
M45	Lloyd Stephenson
M50	Gary Romesser
M55	Larry Olsen
M60	Doug Goodhue
M65	William Riley
M70	Paul Heitzman
M75	John Keston
M80	Warren Utes
M85	Wilfredo Rios
M90	Abraham Weintraub

In the process there were objections to Don's mandate of 3 performances before listing an athlete. After a motion to include Ray Parella for consideration in the M65 category, the committee subsequently added Warren Utes (only 2 listed performances) in the M80 and elected him.

Bill Quinlisk announced that Tom Dalton and Kathryn Martin would be presented to the XC Council as XC athletes of the year.

The committee took a break.

Records

Basil Honikman presented the recommendations of the Records Committee. Basil recommended Items 1-3, 8, 11-12, 15, 18-19, 22-25, 29-A, 30-31, 33, 35-36, 39, 41-44, 47, 51, 57, 61-63, 67, 71, 74-79, 83-84, 90, 90-A. He noted that a number of other pending records are close to approval. Charles DesJardins moved, Lonna Lee Williams seconded, and the committee VOTED to approve the recommended records.

Otto Essig Award

Norm invited the committee to add other nominations to those of Jerry Crockett and Twin Cities Marathon. There were none, and the committee voted to close nominations. Jerry Crockett was chosen.

IAAF Masters Committee Candidate Endorsement

The committee voted to endorse the candidacy of Charles DesJardins.

IAAF Report

Charles DesJardins said he has held the position two times. He noted Rex holds two positions in WMA. Charles said he considers himself electable since in '95 he was the 3rd highest vote getter and in '99 the 2nd highest. IAAF Masters Committee is charged with oversight of WMA, so Charles believes Rex would be in a conflict of interest situation.

WMA Report

Non-Stadia championship was held in Riccione, Italy after San Ysidro, Argentina, withdrew. Italy had less than a year to conduct the championships and did a great job. Sacramento (CA) withdrew from bidding for 2007 when it discovered the bidding fee had increased from \$40,000 to \$150,000.

The NCCWMA regional championship was held in Leon, Mexico. Charles was in charge of the 8kXC, the half-marathon road event, and the road RW event. Brian Keaveney and Charles had to find new courses for the XC and RW events and had to find RW judges when Mexico withdrew its judges. US participation was limited, except for race walkers.

IAAF Masters Committee Report

Charles said the committee met at Riccione in May. Doping control is an issue. A remedy would be for IAAF to ask WADA to fund Masters testing. Dual citizens are a second issue. Athletes need to declare which country gets "credit" for their performances. Kathryn Martin has not applied for transfer from Canada although she is now a dual citizen. A third issue is verification of birth-dates. Charles wants IAAF to become a clearinghouse for birth-date verification for any athlete competing outside his/her country.

L&L Issues

Mary Rosado reported that L&L finished its work in 2 hours. National clubs will be abolished 1/1/04. USOC-

related items are being treated as housekeeping. L&L will mandate Form 990 reporting, though some associations are resisting. Age verification rules were tabled because Bill Roe had appointed a task force that has not yet met or reported.

Budget Report

Norm distributed a report showing how he expects to allocate the \$28,700 granted to our committee (\$1,300 less due to a transfer of that amount to XC Council). He stated that slightly less than \$10,000 had been spent by November 30 of our \$30,000 budget in 2002.

Double-Dipping

John Boyle distributed a position paper that he and Jack Wing had prepared. The committee was invited to study the document for action on Sunday.

The committee recessed at 10:18 a.m.

Saturday, December 7 – 9:30 am

Norm Green, chair, reconvened the committee at 9:34 a.m. following the awards breakfast.

Championship Bids

Ken Robichaud managed the consideration of championship bids. He led the committee through copies of a slide presentation emphasizing that he wants to produce quality events meeting Masters athlete expectations; providing a marketable asset in our Masters LDR series; propose to us a favorable event schedule covering all event lengths for competition and featuring multiple year bids.

The bids that Ken presented are as follows:

3M Half Marathon in Austin, TX—Feb 2, 2003—bidding for 3 years; \$2,300 prize purse
James Joyce 10K in Dedham, MA—April 27, 2003—bidding for 2 years; \$8,000 prize purse
Fifth Third River Bank Run 25K in Grand Rapids, MI—May 10, 2003—bidding for 1 year; \$6,300
Freihofer's 5K (Women only) in Albany, NY—May 31, 2003—bidding for 2004
Odgen 20K in Wheeling, WV—May 24, 2003—bidding for 3 years; \$3,500
Heritage Oaks 10K in Paso Robles, CA—Sept. 28, 2003—bidding for 5 years; \$20,000 going to \$30,000 at 2k per year
Twin Cities Marathon awarded already through 2005
Akron Marathon Relay in Akron, OH—October 11, 2003—bidding for 1 year; \$4,800

Jim Barnett, race director for the Akron Marathon, presented a bid to host a Marathon 5-person relay as part of his event to include open teams and teams for 40, 50, 60, 70 year olds (latter category for men only). They expect 5000 competitors. The committee discussed whether teams should be limited to USATF member

clubs or whether they could be "Association all-star teams." A division task force appointed by Jerry Crockett will resolve that issue.

Ken announced that Freihofer's 5K had already been awarded the 2003 event for women and will have \$3,000 in prize money. The Heritage Oaks 10K in Paso Robles, CA is one of two bidders for that distance. Charles DesJardins will serve as race referee; Lloyd Stephenson has run the race twice and expressed favorable reaction to it.

Jerry Crockett moved and Jack Wing seconded and the committee VOTED to accept all events except the 10K for the time period they had bid. The committee also directed that the contracts for each event must specify that the listed prize money is for USATF members.

In regard to the two events bidding for 10K, there was some concern expressed about awarding Paso Robles 5 years since it is an unknown event for national purposes; it does have strong endorsement by Pacific Association, having served as its association championship. Jack Wing moved, Don Lein seconded, and the committee VOTED to accept the Heritage Oaks 10K bid for the 5-year period; Ken Robichaud registered the single negative vote.

Ken announced that he has just been handed an incomplete bid from Florida to host the 5K men's event in 2003 and that he has been in discussion with the Stockadathon 15K in Schenectady, NY, but is not ready to present that bid either.

Norm expressed the strong sentiment of the committee that Ken has done an outstanding this year.

Norm announced that the executive committee would meet at 3:30 and the full committee at 3:45 this afternoon. Bob Langenbach reported the first round election results.

The committee recessed at 11:09a.m.

Saturday, December 7 – 3:30 p.m.

Norm Green, chair, reconvened the committee at 3:45 p.m.

XC Council Report

Carole Langenbach said she found it an interesting experience to move from our committee to being part of the XC Council where she was asked why Masters need all those championships. She reported that no new bids had been offered.

XC Championships for 2003 for Masters are:

6K	February 15	Houston, TX (Winter Nat'l's)
8K	November 2	Rochester, NY
5K	November 23	Holmdel, NJ

10K December 7 Greensboro, NC (associated with the annual meeting)

XC Championships for 2004 are:

6K February 7 Indianapolis, IN (Winter Nat'ls)
8K November 14 or 21 Boston, MA
10K December 5 Portland, OR (associated with the annual meeting)

During this year regional championships were held in Mid-America, Northwest, and West. Several persons are asking for place scoring; there is a task force working on the issue. It is also considering how many females should score for age 40-49, and 50-59. All members of a team will get a medal not just the scoring members.

MUT Council Report

Theresa Daus-Weber reported that MUT had held 6 national championships this year. She reported on the 2003 championships and mountain selection races also reported at the LDR Division meeting. The World Trophy Mountain race in Alaska is scheduled for September 18-21.

Roy Pirrung reported that the world 24-hour will be at Uden, Netherlands in mid October. Expect a US team of 3 men and 3 women. We have been invited to send a Masters team to the world 100K at Taipei, Taiwan November 16. MUT's website contains profiles and can be accessed through USATF's website. Roy and Theresa noted that three (3) MUT athletes have been featured by USATF in its Athlete of the Week series.

Double-Dipping

Norm noted that this item had been tabled for study and is now ready to be discussed. John stated that race directors often do not know what they should do regarding masters awards. After discussion and expressions of opinions on both sides of the issue, the committee voted: 10 in favor; 3 against; 2 wanting to hold the topic for another year.

L&L Representative Report

Mary Rosado reported that the Masters T&F Executive Committee and our Executive Committee will be asked to share in a conference call to deal with the issue of a new Nike uniform. Some persons have rumored that Nike will supply free uniforms.

Officials Committee Report

Joyce Hodges-Hite reported that the officials dealt with their uniforms where shirts cost \$36 and GoreTex \$400. They also expressed concern about no stipends.

Announcements

Charles DesJardins reminded those going to Puerto Rico that they were likely to compete against athletes younger than their announced age group. Norm reported that January 10 would be the deadline for submitting to him any 2002 related Requests for Reimbursement in order to

clear with the national office. Norm asked for committee approval of adding Don Lein (Awards and Marketing) to the Executive Committee and received that approval. He announced that last year we had agreed to alternate George Kleeman and Mary Rosado on the Executive Committee. 2003 is Mary's year.

Committee Appointments

Norm asked for volunteers to serve as our representatives to other committees. The following were appointed:

L&L	Mary Rosado
Rules	George Kleeman
Medical Services Subcmte	Mary Rosado
Associations	Don Shepan
Member Services	Bob Langenbach
Records	Linda Honikman
Officials	Joyce Hodges-Hite

At-Large Members of our committee for 2003 will be:

Dudley Healy
Ruth Anderson
Jerry Crockett
Jim Garcia
Marlene Atwood

New Business

John Boyle was asked about our proposed brochure and noted that most of the expense is due to color; he could cut the cost in half if it were black/white. The committee affirmed the use of color.

Roger Price reported that George Mathews announced in Masters T&F the possibility of holding a road race with the US Masters Outdoor Championships (Eugene, OR, in 2003). Norm said he had discussed that possibility with George after yesterday's meeting and noted that since we lack a 8K championship, we might be able to think in terms of that.

The committee adjourned at 5:34 p.m.

Respectfully submitted,

Norman Green, Chair and secretary pro-tem

Mountain/Ultra/Trail Council

Friday, December 6, 2002

As attendees arrived a video of the 2002 White River 50-Mile National Championship, in Crystal Mountain, WA was played. Attendees registered for raffle prizes from Teva to be awarded throughout the meeting. Chair Nancy Hobbs called the meeting to order at 4:45 p.m.

Attendance - The following people attended the Mountain/Ultra/Trail (MUT) Running Council meeting.

Attendance Rooster for MUT Meeting at USATF 2002 Annual Meeting

	Name	Affiliation	Discipline
1	Lorraine Gersitz	MUT Council Member Southern California	Ultra, Women's LDR
2	Michael Ortiz	Colorado Association	Mountain
3	Theresa Daus-Weber	MUT Council Member Colorado	Ultra, Masters LDR
4	Roy Pirrung	MUT Council Member Wisconsin	Ultra, Masters LDR
5	Kevin Setnes	MUT Council Member American Ultrarunner's Association	Ultra, Men's LDR
6	Dan Brannen	New Jersey American Ultrarunner's Association	Ultra
7	Chad Ricklefs	Colorado	Ultra
8	Ann Heaslett Heaslan@dhfs.state.wi.us	Wisconsin	Ultra
9	Tim Yanacheck	Wisconsin	Ultra
10	Tom Winkelman TAWINK74@aol.com	Ozark	
11	Ruth Anderson	Pacific	Masters LDR
12	Hollis Lenderking	Pacific	Masters LDR
13	Mark Driscoll	Syracuse Chargers	
14	Chrissy Ferguson	Ultrarunners Supporting Ultrarunners	Ultra
15	Stan Ferguson	Ultrarunners Supporting Ultrarunners	Ultra
16	Bruce Guter	At Large	Ultra
17	Brad Percosky	Alaska	Mountain
18	Mike Polansky Spolansky@aol.com	Long Island	
19	Janice Anderson	MUT Council Member Georgia	Ultra, Women's LDR
20	Ian Seecof ianms@iquest.net	Indiana	LDR
21	Ken Robichaud Kenrob44@aol.com	New England	Masters LDR
22	Charles Des Jardins crdj@interqwest.com	Pacific	
23	Dave Dunham	MUT Council Member New England	Mountain
24	Jim Garcia	New England	Ultra
25	Mark Lidman	Mill Valley	
26	Carol McLatchie	Oregon	Women's LDR
27	Jerry Crockett	Oklahoma	LDR
28	Ed Parrot	Laws & Legislation and Rules Advisor Pacific	

MUT Runners Named USATF Runners of the Year in 2002 - Lorraine Gersitz reported that three ultrarunners had been named USATF Athlete of the Week:

Jim Garcia for his HUFF 50 K win in December 2001
Nate McDowell for his White River 50 Mile win in August.

Connie Gardner for her win at Edmund Fitzgerald 100K in October.

Teva Raffle During the Meeting - Nancy explained the raffle is for gift certificates for Teva TSCGI shoes. Hollis Lenderking won the first certificate.

Nancy Hobbs introduced herself as the Chair of MUT and requested that everyone in attendance identify himself or herself.

2002 MUT Meeting Minutes Approval - Nancy Hobbs asked for a motion to approve minutes from the MUT meeting at the 2001 USATF annual meeting. Roy Pirrung motioned to accept the minutes. Lorraine Gersitz seconded. The vote to accept the minutes was unanimous.

2002 Financial Report - Nancy Hobbs presented the following financial report of the 2002 MUT budget:

- \$2,000 was budgeted for ultra and \$200 remains with some final expenses to be submitted.
- \$2,000 was budgeted for mountain with \$1,300 remaining to be distributed to the 12 Mountain Team members at an average of \$50 to \$80/member.

2003 Budget Request - Lorraine Gersitz distributed the 2003 budget request to Masters and Open LDR for \$13,000 that included the request for USATF championship medals, banners, liaison stipends, and gifts to race directors. She explained that MUT asks race directors to reimburse MUT for Masters medals. Lorraine reported that MUT received \$4,500 in our 2003 budget the same amount as last year. Nancy explained that \$500 is expected to be earmarked for shipping team uniforms. Nancy also stated that the Teva sponsorship funds are entirely for the Mountain Team.

MUT Website – Nancy described the MUT website developed by Lorraine in 2002. The website has masters profiles written by Theresa Daus-Weber, championship races, MUT documents, press releases, award winners, etc. Lorraine explained that the MUT website is on the server at the community college that she works for. Keith Lively, the USATF web master in Indianapolis is using MUT-as a beta test for sport committee pages on the USATF website. As a result, MUT is the only Council or Committee with a presence on the USATF website. Keith has also added a link to the MUT web page on the USATF website.

Mike Polansky asked if ultra-races can be listed on the website under races and Lorraine responded that they could. Lorraine stated that Keith Lively is developing an interface that will allow race directors to input their own race information on the USATF website.

Mike Ortize suggested that MUT sell advertising on its website. Nancy said that was a good idea but that we would have to check with USATF to determine if such advertising revenues would have to go to the USATF general fund and not directly to MUT.

Dave Dunham asked if the New England Association's website can be linked to MUT's website and Brad Percosky asked if the World Trophy website could be linked to MUT's website.

Change in Agenda - Nancy suggested that agenda items 6, MUT Vision Overview and 7, Team Leader/Staff Selection Criteria be moved to MUT's Saturday meeting session.

Second Teva Raffle During the Meeting - Stan Ferguson won the second certificate for Teva TSCGI shoes.

Teva Mountain Running Team Report – Dave Dunham reported on the Mountain Trophy race by distributing the Mountain Team Trophy Race press release (attached and part of the minutes) directing readers to the photo of the slight mountain team member modeling the extra large uniform issued to him.

Mountain Bids - Dave distributed the mountain race bid (incorporated as part of the minutes) and Nancy reported that six bids for mountain team selection races were received and that 2002 was the first year that bids were solicited for sub-ultra trail championships.

Nancy explained that 2002 was an “uphill” year in mountain racing and that 2003 is an up and down hill year. Regarding the two mountain race bids on the same day (Northfield and Vail), Nancy, Dave, Mike, and Brad concurred that is good to have races in different parts of the country to allow runners opportunity to race a selection race without traveling across the country. Regarding the Alaska selection race bid, Dave mentioned that for American runners, traveling to Alaska for both the selection race and the World Trophy race is the same cost as traveling to Europe for the World Trophy race. The Alaska selection race is 6 weeks from the World Trophy. The selection race will promote the trophy race.

Nancy described the selection criteria for the junior teams competing in the World Trophy. Juniors must be under 20 years old in the year of competition. Four junior men are on the team and three score and three junior women are on the team and two score.

USATF President Visits MUT Meeting - Nancy introduced guest Bill Roe, USATF President, who visited

the meeting briefly. Bill Roe will be attending the World Trophy in Alaska. There is no prize money in the World Trophy race. The World Trophy race is an open race. Nancy stated that the USATF Mountain Runner of the Year would be announced at the USATF awards breakfast on Saturday at the convention.

Championship Bids - Janice Anderson, MUT Championship Chair distributed a summary (incorporated as part of the minutes) of and presented the following sub-ultra trail bids.

Sub-ultra Trail Bids Summary

Race	Date	Location	Contact	Email/Website
Mt. Wilson 13.8K/8.6M	May 24	Sierra Madre, CA	Pete Siberell Sierra Madre, CA 626 355-5278	info@sierramadrenews.net www.mtwilsontrailrace.com
Jim Bridger 16.25K/ 10.1M	Jun 14	Bozeman, MT	Rick Cooper Bozeman, MT 406 587-1115	JBTR2003@aol.com
Barr Trail 19.3K/12M	Jul 13	Manitou Springs, CO	Matt Carpenter Manitou Springs, CO 719 685-5654	Fallseries@aol.com www.runpikespeak.com
Merrimack 10 Mi	Mar 29	Andover, MA	Dave Dunham Bradford, MA 978-373-9118	www.usatfne.com dave.dunham@verizon.net
Dupont 10K	Oct 19	Hendersonville, NC	Greg Walker Hendersonville, NC 828 692-5774	

Dan Brannen asked if these bids require USATF membership to get prize money. The current bid form does not specify this, but it is expected. It should be included on the new forms.

Janice presented the following mountain bids.

Mountain Bids Summary

Race	Date	Location	Contact	Email/Website
New England Northfield Mt 13.2K	Jun 7	Northfield, MA	Dave Dunham Bradford, MA 978-373-9118	www.usatfne.com dave.dunham@verizon.net
Teva Mt Games Spring Runoff 10K	Jun 7	Vail, CO	Mike Ortiz Vail Recreation Center Vail, CO 970-479-2280	www.vailrec.com mortiz@vailrec.com
25 th Vail Hill Climb 8 Mile	Jul 6	Vail, CO	Mike Ortiz Vail Recreation Center Vail, CO 970-479-2280	www.vailrec.com mortiz@vailrec.com
Alyeska Mt Run 11.5K	Aug 9	Girdwood, AK	Brad Precosky Anchorage, AK 907-345-1857	www.alaskamountainrunners.org akmtnrun@hotmail.com
Slacker ½ Marathon	Jun 28	Idaho Springs, CO	Beth Luther Georgetown, CO (303) 679-2312	bluther@co.clear-creek.co.us

Brad asked if MUT is accepting bids for 2005. Nancy said that the MUT Council would discuss this.

Janice presented the following ultra bids.

Ultra Bids Summary

Race	Date	Location	Contact	Email/Website
White River 50 Mile Trail Race	Aug 2	Crystal Mountain, WA	Scott McCoubrey FootZone Capitol Hill Seattle Running Co. Seattle, WA 206-325-4800	www.whiteriver50.org searunco@aol.com
Golden Gate Headlands 50K Trail Run	Aug 23	Sausalito, CA	Peter Franks P.O. Box 26052 San Francisco, CA 94126 415-381-4363 (eve) 415-667-4257 (day)	www.headlands50k.org peterfranks@attglobal.net
Olander Park 100 Mile Run	Sept 13	Sylvania, OH	Tom Falvey 5835 Hideaway Lane Sylvania, OH 43560 419-885-7399	falvey@prodigy.net
San Diego 1 Day - 24 Hour Run	Nov 8	San Diego, CA	John Metz 1419 S. Pacific Street Oceanside, CA 760-967-8348	metz@adnc.com www.geocities.com/sandiego1day/index.html

Jim Garcia asked if complimentary entry fees would be provided to elite runners. Lorraine responded that complimentary entry is generally given to all former USATF champions in that particular event as well as a certain number of other top runners.

Third Teva Raffle During the Meeting – Bruce Guter won the third certificate for Teva TSCGI shoes.

Break - Nancy called for a short break.

World Mountain Running Association Report – Dave said that there was nothing to report from the WMRA.

Teva Sponsorship Report – Nancy is pleased with Teva's multi-year sponsorship of the US Mountain Running Team. Nancy will ask Brian Metzler, a correspondent editor to Trail Running magazine and MUT Council Member to publish information about the growth of trail running.

100K Team Report – Kevin Setnes reported that he established timelines for team member accountability to address the ups and downs of performance success of the 100K team. He defined success as medals earned by individual team members and the team at World Challenge 100K races. Kevin explained that he assumed the role of 100K Team Coordinator at the 2000 USATF Convention and that he was going to spend more time on development work with past 100K team members to collect information about pacing, hydration, nutrition, etc to compile an intensive training plan.

Kevin stated that long distance running is in the pits in the eyes of USATF but the 100K team can use the training plan that he wants to develop to eliminate pitfalls of

showing up at World Challenge 100K injury free. He said that he wants to throw the best management at the 100K

team. He reported that there had been arguments and accusations about his management style that he identified as very hands on style but he is open to input from the MUT Council. He reported that the 2003 100K Team selection criteria was published on September 23, for a performance window until June 30, 2003 to allow ultra-runners interested in being on the team to run a fast 100K.

Kevin asked for a motion to accept the top three women from the 2002 Edmund Fitzgerald 100K to be named to the 2003 100K Team even though the published selection criteria re:

Connie Gardner	8:30
Laura Nelson	8:42
Ann Heaslett	8:53

Roy Pirrung made this motion and Dave Dunham second it so it could be discussed.

Hollis Lenderking asked if this sets a precedent to disregard published criteria for team selection.

Janice Anderson said that she had received an email querying why the top three women at the USATF National Championship Edmund Fitzgerald 100K had been named to the team when two didn't meet the published criteria of finishing the race under 8:35. She said that we are going to have unhappy runners if we don't abide by our published criteria. Dave asked why the criterion was published. Carole McLatchie said don't change your criteria after it is published as that causes too many problems. Lorraine stated that for the 2002

Edmund Fitzgerald 100K, Kevin lowered the men's criteria as well and when Lorraine asked Kevin about the suggested lowered women's criteria, Lorraine reported that Kevin said "I agree completely." Kevin said that the criteria naming only one woman who ran under 8:35 instead of the top three women finishers team selection precedent at 100K championships. Kevin said that naming the top three finishers to the 100K team instills confidence in the athletes Lorraine pointed out that we did not know when the 2003 World Cup 100K in Taipei was scheduled when we made Ed Fitz the selection race. Had we known how far in advance of the World Cup it was, we might have just granted it the championship.

Nancy asked Ann Heaslett how these criteria affected her race. Ann said that she considered not going to Edmund Fitzgerald 100K because she was scared of the 8:35 criteria and that she was still shaky from the 24-Hour National Championships in Olander.

Roy called for a vote on Kevin's motion. Dave seconded it. Six opposed the motion and it was denied.

Kevin reported that he named Lin Gentling as the chair of the Women's 100K Team Selection Committee displacing Lorraine from the position. Lorraine said that Kevin's action is moot as MUT is revising its operating procedures and functions, including formalizing the selection criteria for the 100K teams, Lorraine referred to a selection criteria draft (incorporated into the minutes) that she distributed at MUT's Thursday night meeting. Jim Garcia mentioned that the Women's 100K Team Selection Committee uses objective race times to select women for the team while the men use a subjective approach. Kevin said that the men's selection process would not go for an objective selection approach based on race times. He said that, "We need to be subjective."

Kevin referred to the Deb Bollig situation as an example of why the women's selection process doesn't work. Dave responded by stating that the selection process is not incorrect but that the focus is wrong now. He said that the onus should be on the athlete to indicate if she is interested in being on the team.

Bruce Guter asked if Kevin was conferred with the authority to name Lin and other individuals to the Women's 100K Team Selection Committee and displace the existing committee. Lorraine and Janice stated that Kevin verbally agreed at the 2000 USATF convention when he presented his proposal to be the Team Coordinator that he would change the text to reflect that the Women's 100K Team Selection Committee would continue to select the women's 100K team and team leader but this text change was never made by Kevin. Lorraine said that we have all the respect in the world for Kevin's coaching ability but that the Women's 100K Team Selection Committee believes it is consistent with precedent for the women of the MUT Council to

continue to select the women's team and women's team leader.

Kevin offered another example about why the Women's 100K Team Selection Committee doesn't produce good results for the team. Kevin said that the 2001 World Cup race was a bust. He said the team was hung up due to two issues related to Deb Bollig.

Nancy asked that the report on the 100K Team not get off track. She said that as we review MUT's structure, it is important to review the people in the positions. Nancy asked Kevin to distribute his position document for review by MUT. Kevin's "National 100K Team Program 2002 Report and 2003 Plan" is incorporated into the minutes.

Fourth Teva Raffle During the Meeting – Brad Percosky won the fourth certificate for Teva TSCGI shoes.

2002 USATF Ultra Champions– Janice Anderson, MUT Championships Coordinator distributed the list of men's, women's and masters men and women champions of the 2002 ultra races that is incorporated into the minutes.

Mountain Team Selection Race Vote - Nancy provided the following summary of the Mountain Team selection races.

Date	Event	Distance	Elevation Gain	Average Grade
5/24/03	Mt. Wilson Trail Race, CA	13.8K/8.6M	640 meters/2100'	
6/7/03	Northfield Mtn USATF NE Champs, MA	13.2K/8.2M	587 meters/1925'	10.30%
6/7/03	Teva Spring Runoff, CO	10.1K/6.4M	618 meters/2028'	12% up; 9% down
6/14/03	Jim Bridger Trail Run, MT	16.25K/10.1M	640 meters/2100'	7.90%
7/13/03	Barr Trail Mountain Race, CO	19.3K/12M	1106 meters/3630'	13%
8/9/03	Alyeska Mountain Run - Women	7.7K/4.8M	620 meters/2034'	16%
8/9/03	Alyeska Mountain Run - Men	11.5K/7.15M	900 meters/2953'	16.9% up; 16.3% down

Dave asked about the altitude of the races for a former teammate, Ed. Nancy said that she emailed questions about the race bids to the three races that would not be present to discuss their bids. Nancy said that she did not get a reply from the Mt Wilson race. There was much discussion surrounding the bids including race organization, altitudes, distances, dates, etc. Nancy reported that the Jim Bridger race is new (as a selection candidate), a bit longer than the Trophy event, and had a solid reputation with good organization. Everyone noted the excellent organization of the Barr Trail Race and the elite field it attracts, but also noted that the distance didn't mirror the Trophy course due to length and altitude. Brad explained that if the Alyeska race bid isn't awarded a championship Alyeska Resort personnel, instead of the Alaska Mountain Runners would organize the event. Dave abstained from voting as he presented a bid for an event he organizes.

Lorraine made a motion to award the following races:

Vail Hill Climb as the Mountain Championship

Barr Trail as the Trail Championship contingent on the Barr Trail Mountain Race Committee allowing elite masters and open runners declaring their USATF membership to compete, and for the prize money to be awarded only to USATF members

Janice seconded the motion. Dave withdrew the Merrimack bid. Nancy abstained from voting because she founded the Barr Trail race. The motion passed unanimously.

Nancy suggested that the MUT Council focus on championship bids that are proven events. The Dupont event being a first year event would be an excellent candidate in the future. It was stated that Vail Hill Climb could be a good race to name a men's automatic team member (a fourth automatic berth).

Ed Parrot suggested selecting a race even if it is not perfect since it is good to have championships and to start the process. Dan Brannen asked if there is a perception issue if so many races are awarded to Colorado venues.

Nancy moved that 2004 and 2005 mountain and trail bids be tabled. Janice seconded the motion and it was unanimously approved.

Ultra Race Championship Bid Vote – Nancy moves to accept the following ultra race bids:

2003 White River 50-Mile with the 2004 pending \$5,000 minimum prize money and similar date as the 2003 race
2003 Golden Headlands 50K

Lorraine seconds the motion. The Council discussed the 2003 White River that is a week later than last year and therefore a week closer to Golden Headlands. Since the race director, as well as many athletes, prefers the August date, the motion was unanimously approved.

Dave motions that the man named “national champion” automatically be selected for the Teva U.S. Mountain Running Team. *Lorraine seconded the motion and it was unanimously approved.*

Ed Parrot reported that Ed Koch from the USATF Laws and Legislation Committee said that there is no problem changing MUT “subcommittee” to MUT “Council” in USATF documents.

The MUT Council meeting recessed at 7:30 pm until December 7th at 11:00 a.m.

Saturday, December 7, 2002

Nancy Hobbs called the meeting to order at 11:05 am.

International Association of Ultrarunners (IAU) Report –

Kevin presented the report for Lin Gentling, American Ultrarunning Association's (AUA's) representative to IAU. Kevin reported that there has been a constitutional crisis in IAU that was unfair and undemocratic. Kevin said that AUA interests lost out. He explained that the IAUA represents ultrarunning to the U.S. and we enjoy an association with AUA.

Lin is the AUA representative to IAU. She established a relationship with Malcolm Campbell, IAU President. During the 2001 struggle in IAU, there were hard feelings between IAU and AUA but Lin has done outreach to Malcolm since. Lin and Kevin are pressing for more from IAU such as a World Challenge 24-hour race. There will be a World Challenge 24 Hour in the Netherlands in 2003. This race sent an invitation to Kevin who is keeping it low keyed. He said it is a nice race on the scope and scale of the World Challenge 100K and includes three-person national teams. The status and date of the race is not certain.

Kevin mentioned the concerns within IAU. He reported on the technical flaws at the 2003 World Challenge 100K in Belgium. He said that he tried to shield the team members from the flaws. Kevin said that there are financial concerns as well for the national teams at the World Challenge 100K. Malcolm is concerned about the financial situation as well. The U.S. offered the suggestion to alternate World Challenge 100K and 24-hour races every other year.

Janice asked how the IAU selects World Challenge races. Dan responded that Malcolm does outreach for events and presents them to IAU. The 2004 World Challenge 100K in Winschoten is on. Dan stated that races bidding in advance for the World Challenge events are taking a step backward. Ruth explained why the World Challenge 100K in Tarhout, Belgium was not right. Kevin said that times at World Challenge 100K races are substantially slower. The finish times peaked in 1999. Comrades Marathon is killing the World Challenge 100K.

Lorraine said that she wanted to discuss how IAU delegates are selected. 2004 is the next IAU meeting and our representative can be reappointed or changed. Nancy said that the IAU delegate selection process would be addressed in MUT's new operating procedures that will be drafted. Lorraine mentioned that the IAU website states that USATF is a member organization and the AUA is an associate member so it seems that the US can have two representatives in IAU – one from MUT and one from AUA. Dan Brannen stated that the information about how the U.S. is represented on the AUA website is incorrect.

American Ultrarunners Association (AUA) Report – Dan Brannen distributed and presented the AUA report incorporated in the minutes. Dan mentioned the AUA officers, website, and domestic activities and programs that include marketing and soliciting sponsorship. Dan reported that AUA included ultra information in a 3,300-piece AUA/MUT mailing in 2002. The information included a certified performance list of ultra race performances. Dan mentioned that AUA wants to make proposals to MUT.

Dave Dunham asked if including a race calendar on the AUA website. Dan said that AUA would publish a race calendar only if they can do it right.

Ultrarunners Supporting Ultrarunners (USU) Fund– Chrissy Ferguson reported on the USU Fund that she established in 1997. She explained that she established USU to collect funding for ultrarunners selected as team members to receive some funding to go to World Challenge 100K. Chrissy explained that USU distributes USU solicitation brochures to ultra race directors to include in runners race packets.

Stan Ferguson presented the USU financial report. \$37,000 has been collected and distributed by USU over 7 years. Each year's collection is distributed to 100K team members and staff. The most that was distributed in a year was \$10,000. Every year the North Texas Trailrunners contribute \$1,500 through their Rock Ridge Rumble race. The average amount of contributions collected from a race is \$500. Nancy suggested that USU link to other ultra websites.

Roy asked if the USU funds could be for the World Challenge 24-Hour team members. Chrissy said that by their non-profit charter, their funds can only be distributed to the World Challenge 100K team.

Masters Report – Roy Pirrung discussed issues effecting masters ultrarunners. He said that we need procedures for Masters Ultra Runner of the Year. He said that World Masters Association would host a Masters 100K Team event at the 2003 World Challenge 100K in Taipei on November 16 for the first time.

Changing master's age category from 40 to 50 was offered for discussion. Kevin postponed the discussion and distributed a white paper titled "Master's competition at Ultra Championships" on the subject (incorporated in the minutes.) He asked Roy, Theresa Daus-Weber to look into the topic of raising Masters age category. Jerry Crockett, USATF Long Distance Running Chair, told Ruth Anderson that there is better age-grading information for distance.

Rankings – Dan Brannen mentioned lists of running performance standards to include 100K. Currently the distance that standards are collected for is 50 miles. The rest of the world has standards for 100K. Dan requested that this topic be included as an agenda item for next year.

Teams Competing at National Championships – The MUT Council discussed the topic of A and B teams competing at national ultra championships. Team competition should be promoted in our ultra bid form. Lorraine explained because there is such low participation of teams at ultra championships, she buys team medals after the championship when she knows the number of medals needed.

Ultra Bid Continued - Janice Anderson, MUT Championship Coordinator, reported on the ultra bids awarded at yesterday's meeting were White River 50-Mile

Trail and Golden Headlands 50K Trail. She said that we have the following two ultra bids to consider.

Continued Ultra Bids Summary

Race	Date	Location	Contact	Email/Website
Olander Park 100 Mile Run	Sept 13	Sylvania, OH	Tom Falvey 5835 Hideaway Lane Sylvania, OH 43560 419-885-7399	falvey@prodigy.net
San Diego 1 Day - 24 Hour Run	Nov 8	San Diego, CA	John Metz 1419 S. Pacific Street Oceanside, CA 760-967-8348	metz@adnc.com www.geocities.com/sandiego1day/index.html

MUT Vision – Nancy Hobbs postponed discussion on the “Vision” agenda item stating that the MUT Council is going to restructure and grow by adding new mountain and trail member. Jim Garcia distributed his proposal for team selection criteria entitled “Proposed Selection Process” that is incorporated into the minutes. Lorraine Gersitz made a plea for representatives to the MUT Council from USATF Associations.

Ultra Bids Finalized – Roy Pirrung asked is there a field limit for the San Diego 1 Day track? Lorraine moved to accept the 2003 Olander 100-Mile and the San Diego 1 Day and table the 2004 and 2005 bids. Janice seconded the motion. Kevin mentioned the time conflict of San Diego 1 Day and World Challenge 24-Hour race on October 11, San Diego 1 Day on November 8, and the World Cup 100K on November 16. The Council agreed the timing of the races would affect some runners but agreed that was not a reason to withhold the championship. The Council discussed requiring USATF membership and will discuss this with the race director. The motion passed with one vote against.

Dan Brannen talked about designating a fast lane on the San Diego 1 Day track.

Kevin Setnes stated that AUA would submit a bid for a 100K Championship in April for 2004 on a 6.9-mile road loop with no intersections.

Lorraine raised the issue of reimbursement for Masters medals for ultra championships that have not been received from the Olander 24-Hour race and Edmund Fitzgerald 100K race director by MUT. Lorraine will send a request for reimbursement. Roy suggested that Lorraine request funding for masters medals from Ken Robichaud, Masters LDR Championship Coordinator. The Council agreed that for future championships MUT should pay for Masters medals and patches if at all possible.

Adjournment - Dave Dunham motioned to adjourn. Roy Pirrung seconded. The vote to accept the motion was unanimous. The meeting adjourned at 12:45 p.m.

Documents incorporated into the minutes:

Mountain Team Trophy Race Press Release by Nancy Hobbs

Mountain Race Bids by Dave Dunham

Draft MUT International Teams – Selection by Lorraine Gersitz

National 100K Team Program 2002 Report and 2003 Plan by Kevin Setnes

Men's, Women's And Masters Men And Women Champions Of The 2002 Ultra Races by Janice Anderson

AUA (American Ultrarunners Association) Report by Dan Brannen

Master's competition at Ultra Championships by Dan Brannen

Proposed Selection Process by Jim Garcia

Cross Country Council

*Executive Committee Meeting
Friday, December 6, 2002*

Executive Committee Present

Beth Alford-Sullivan, Brad Barquist, Tony Cosey, Deena Drossin, Kim Duyst, Julia Emmons, Fred Finke, Doris Heritage, Carole Langenbach, Teri Jordan-Lucas, David Martin, Mike Scott, Anne Timmons, Steve Vaitones

Guests

Roberta Anthes, Dennis Groll, Roger Hall, Keith Hanson, Peanut Harms, Greg Hipp, Jim Knoedel, Pat Pretty, Bill Roe, Joe Rubio, Bill Quinlisk, Chery Treworgy,

Chair's comments

Anne Timmons welcomed everyone to the meeting and reminded them that this was the Executive Committee meeting and that when Staff Selection and Awards were

reached, then only Executive Committee members could remain in the room.

Future Competition

Fall 2002 Championships Update -- Peanut & Joe
Looking forward to a great competition. The Rocklin community is very excited about the events. Approximately 700 pre-registered athletes (579 online). Sponsorship is going well, with Reebok and Microsoft among the top sponsors. The championships will feature a full day of activities including BBQ and party. There will be vendors selling on site. Entrants in the Community race and kids entering the facility will receive cowbells.

Peanut and Joe answered questions about sponsorship and promotions.

Fall 2004 Championships Update -- Roger Hall, Oregon
The Fall 2004 championships will be contested at Fort Vancouver site.

The LOC is working on adidas and Nike for sponsorship and working on host hotel (most likely Red Lion, meet HQ for last two years).

Roger noted that the Oregon Association is considering making a multiple year bid for the winter championships. Discussion ensued:

Cons:

- * Athletes might like variety in courses
- * Important to try to parallel the courses at the world championships
- * Different regions benefit by moving the championships around

Pros:

- * Can lock in sponsorships easier with multi-year awards
- * Multi-year awards make event management easier by providing experienced leadership
- * Makes travel/competition easier because athletes familiar with competition site/community

Fred's XC Race Management Manual -- Fred Finke
Fred & Greg Hipp have developed a race operations manual for large cross country events. The manual is written in a manner that anyone could pick it up and put on an event. This manual will be distributed for comment and eventually incorporated into the XC Council's Championships Operations manual.

Past Championships:

2002 Masters 8k (Rochester, NY) -- Bill Quinlisk reported that 220 Masters participated in this event, which also served as the USA vs Canada Masters cross country race this fall.

Bill noted that 2004 Masters 8k is NOT going to Rochester; they are withdrawing their bid, which was provisionally awarded last fall.

Masters Cross Country Runners of the Year -- Bill Quinlisk

Bill Quinlisk reported that the Masters LDR committee has typically used age-graded tables to determine the Masters XC AOY. Bill nominated and Fred Finke seconded Tom Dalton and Kathryn Martin as AOY for 2002; unanimously approved. Bill was asked to continue on as the Masters awards person for the Cross Country Council.

Masters Report: Carole Langenbach

Funds for Masters Rep travel has been moved from the Masters LDR budget to the XC Council budget.

In 2002, four Masters championships were/will be conducted:

- 5k in Holmdel, NJ
- 6k in Vancouver, WA
- 8k in Rochester, NY
- 10k to be contested at Rocklin, CA

Carole has reported that she has periodically submitted articles to Masters T&F News in her role as Masters Rep to the XC Council; the most recent article concerned Masters Cross Country scoring, which is time based rather than point based. Discussion ensued regarding time scoring vs point scoring for Masters championships; old philosophy was that a fast time was more important to scoring than place. However, it's complicated and Carole will form a task group to study issue and make a rules recommendation in time for the 2004 rules submissions.

Carole has been working closely w/the Fall '02 nationals to make sure that Masters aspects are taken care of. The Masters committee has paid for back numbers in the past. Anne will work with Masters LDR to start paying for XC's share of the numbers.

Regionals

The XC Council will take responsibility for awarding regional cross country championships. No bids currently on the floor.

Titles for Cross Country Championships

Bill Roe stated that the National Office wants a consistent naming policy and would prefer "USA Cross Country Championships" for the Winter Championships and "USATF National Club Cross Country Championships"; this would help clarify the meet's roles and make it easier to package the Club Cross Country meet along with the club track & field and club ekiden championships for selling a sponsorship. Steve Vaitones spoke against the name change because according to the rules book, Fall XC is the national 10k/6k championship and the name change may serve to further diminish the event. Kim Keenan-Kirkpatrick noted that many emerging athletes get bonuses for winning a national title. Bill noted that the fall event would remain the 10k/6k championship. Mike Scott noted that the Fall Championship is already referred to as

the "USATF Club Championships" by Track & Field News and that this name change would simply follow the lead of many European countries that contest both a national club championships and a national championships. Bill and Anne suggested a compromise that would subtitle the fall championships as the

Bill Roe briefly described the L&L proposal to eliminate National Clubs.

Rules Submission Steve Vaitones

Steve V reviewed the rules proposals that affect cross country. Since Mike Scott was the submitter for most of the rule changes he described the intent of the rule changes. With minor wording changes, the XC Council endorsed the rule changes and forwarded recommendations to the Rules Committee.

XC Council wants Masters XC stuff eventually moved the XC section of the rulebook.

IAAF XC Rules Report Anne Timmons

The IAAF finally eliminated individuals from team scoring, but the IAAF Office is attempting to rescind this rule change.

World XC Report: Roberta Anthes

The teams felt like a team. Team USA had the best USA XC performance in recent history at the 2002 World champs in Dublin. The USA Sr. Women's 8k squad won a silver medal, with Deena Drossin and Colleen DeReuck claiming individual silver and bronzes (w/ Rhines 12th and Glusac 23rd). The Sr. Men's 12k team (Abdirahman 11th, Keflezighi 14th, Ritzenhein 24th), Sr. Men's 4k (Torres, 11th; Lane, 19th), and Sr. Women's 4k (Hamilton, 4th; Tollefson, 11th) all claimed fifth, while the junior women (Odlaug, 17th) finished 6th and the junior men 7th.

Team Selection

Motion: Fred -- By no later than Monday following Indoor Championships, athletes must state intent to participate to the team leaders. If no statement of intent is made, then the alternate is offered the position. Unanimous

Discussion followed regarding prize money and team stipends. The general tone of the discussion was that prize money should be awarded solely on the basis of finish at the championships and not contingent upon whether the athlete participates at World XC. However, Team Stipends may also be given to the Open members of the world cross country team. The Executive Committee will determine the breakdown of these monies prior to the February championships.

Exec Comm only: Brad Barquist, Tony Cosey, Deena Drossin, Julia Emmons, Fred Finke, Doris Heritage, Carole Langenbach, Teri Lucas, David Martin, Mike Scott, Anne Timmons, Steve Vaitones

Staff Selection:

Fred review the selection process for the Big 3 teams and the process for the '03 world XC staff:

'03 staff

The 2003 staff had been confirmed by an email vote of the Executive Committee in September.

Sr. Men	David Rinker
Jr. Men	Scott Christensen
Sr. Women's	Doris Heritage
Jr. Women's	Julie Henner

'04 staff:

The two senior positions were selected:

Senior Men (Fred nominated, 2 nd Deena)	Mike Scott
Senior Women (Mike nom., 2 nd Deena)	Lance Harter

Fred and Anne will submit a slate for the junior men and women's team leader positions to the Executive Committee for an email vote prior to the February USA Cross Country Championships.

Awards:

Men's AOY	Abdi Abdirahman, Jorge Torres
Women's AOY:	Deena Drossin, Colleen De Reuck, Jen Rhines, Milena Glusac, Amy Rudolph and Elva Dryer (World Cross Country Championships 8K silver medal team)
Men's Contributor	Fred Finke
Doris Brown Heritage	Patrick Shane
XC Council Award	Joe Vigil

Steve Vaitones will solicit nominations for the XC Council's awards in advance of future annual meetings.

Mike Scott

Vice Chair/Secretary, USATF Cross Country Council

General Meeting • Sat., December 7, 2002

Meeting called to order at 9:38am.

Anne welcomed the group and reviewed the highly successful past year.

Approval of 2001 minutes (Carole , Pat Pretty)

Past Competitions

Fall 2001 Championships (Mobile, AL) Priscilla Hein and Jared Cordes won the individual titles; Indiana Invaders (F) and Hanson's (M) won the team titles. A well-run, well-managed event. Only 332 participants (24 MW, 83 MM, 87 OW, 138 OM), which was down to both post-Sept 11 and lack of large active local running community. Thanks to Steve Schoendwald and the Mobile LOC.

Winter 2002 Championships (Vancouver, WA)

Great participation -- 553 athletes in eight races. Excellent course, well-run event by Harry Simonis and his crew.

Some problems with the results -- specifically in the 12k. Special thanks to Paul Banta for stepping in and helping make the meet feel more like an "event" by arranging TV coverage, tents, banners, etc.

World XC Championships

Team USA had the best USA XC performance in many years at the 2002 World champs in Dublin. The USA Sr Women's 8k squad won a silver medal, with Deena Drossin and Colleen DeReuck claiming individual silver and bronzes (w/ Rhines 12th and Glusac 23rd). The Sr Men's 12k team (Abdirahman 11th, Keflezighi 14th, Ritzenhein 24th), Sr Men's 4k (Torres, 11th; Lane, 19th), and Sr Women's 4k (Hamilton, 4th; Tollefson, 11th) all claimed fifth, while the junior women (Odlaug, 17th) finished 6th and the junior men 7th.

Women's performances were stimulated by the men's stellar performance in 2001. High profile athletes on the team helped too.

Problems -- access for athletes and coaches from athletes' warm-up area to finish area.

Suzy and Deena led a nice "clinic" for the junior athletes on Thursday.

Future Competitions

Fall 2002 (Rocklin): Will put on a national championship event for athletes, coaches, spectator, and sponsors. Good sound system! Primary spectator viewing area in middle of the 2k loop with cover, food, port-a-johns, etc. Attempting to quick score the event mid-race. Reebok and Microsoft primary sponsors; several local sponsors. Had local clubs sponsor mile markers. Emphasizing/promoting team concept. 579 online entries + 100 mail-in. Great representation in Masters men's 10k event. Using Direct Athletics to handle online entries -- very successful.

600 Cowbells for Winter 2003 (Houston): Event will be contested at Buffalo Bayou Park, site of a mid-70s USA championship and '97 women's world XC team trials. Event information is posted on the USATF site.

Upcoming USA Championships:

Fall 2003 (Greensboro)
Winter 2004 (Indianapolis)
Fall 2004 (Portland)

World XC Sites:

Executive Committee Report:

Team Selection Motion: Roberta moved (multiple seconds): By no later than Monday following Indoor Championships, athletes must state intent to participate to the team leaders. If no statement of intent is made, then the alternate is offered the position. *Passed unanimously.*

Winter Champs Prize Money and Team Stipend Motion: Carole Langenbach moved (multiple seconds) -- Prize monies will be offered to top 6 finishers at the February USA Cross Country Championships and separate Team Stipends awarded to the team members. *Unanimous.*

Awards:

Men's AOY: Abdi Abdirahman, Jorge Torres
Women's AOY: Deena Drossin, Colleen De Reuck, Jen Rhines, Milena Glusac, Amy Rudolph and Elva Dryer (World Cross Country Championships 8K silver medal team)
Men's Contributor Fred Finke
Doris Brown Heritage Patrick Shane
XC Council Award Joe Vigil

Steve Vaitones will solicit nominations for the XC Council's awards in advance of future annual meetings.

Masters XC Carole Langenbach

Masters have traditionally hosted 4 national championships:

5k in Holmdel, NJ
6k in Vancouver, WA (w/ winter championships)
8k in Rochester, NY
10k to be contested at Rocklin, CA

Issues: Carole noted that she is chairing a subcommittee to exam Team scoring (how many & time vs points) in Masters cross country following requests from several groups.

Rules Submission:

Mike Scott reviewed the rules proposals that affect cross country.

IAAF Report:

Recent IAAF rule changes removed individuals (i.e., non team members) from team scoring. The IAAF office attempted to change this rule.

ICCRO (International Cross Country & Running Officials) -- the IAAF XC & RR Committee generated a list of officials to advise and oversee international cross country and LDR competitions.

National Team Staff Manual & Staff Evaluations

Four different staff manuals in the past. Fred is continuing to develop a manual for the world XC staffs. Fred will be permitted to review the national team staff evaluations, which are kept on file at the national office.

Titles for Cross Country Championships

Anne stated that the National Headquarters wants a consistent naming policy and would prefer "USA Cross Country Championships" for the Winter Championships and "USATF National Club Cross Country Championships"; this would help clarify the meet's roles and make it easier to package the Club Cross Country meet along with the club track & field and club Ekiden

championships for selling a sponsorship. Mike Scott noted that Track & Field News is already referring to Fall Championships as the "USATF Club Championships" and that this name change would simply follow the lead of many European countries that contest both a national club championships and a national championships. The following compromise was approved unanimously by the XC Council:

Motion:

Title: USATF National Club Cross Country Championships;

Subtitle: USA Open Men's 10k, Open Women's 6k, and Masters 10k Championships

Title: USA Cross Country Championships

Subtitle: World Cross Country Team Trials

Approved unanimously

Regional Bids

XC Council is assuming responsibility for awarding the Regional championships. Four regional championships were contested in 2002 (Boulder, Boston, San Francisco, Portland). Mike is looking for someone to head up the solicitation and awarding of regional bids.

World XC Bids

Following inquiries from a US city about hosting an IAAF World Cross Country Championship, Mike explored the costs involved in hosting world championships. Bottom line was between \$1.5-2.5 Million. Six different communities had expressed an interest in hosting a world cross country championship, but following an examination of the costs all but one has dropped out.

National Championship Bids

The Executive committee at the February USA Cross Country Championships will consider national Championship bids.

4k at Fall Nationals

Skip Stolley had requested that the XC Council discuss the possibility of adding a 4k race distance to the USATF National Club Cross Country Championships. The following discussion revealed that: No support from athletes; dilutes talent/waters down team competition; no real difference in distances between 4k and 6k.

Funding for defending champions travel to the USA Cross Country Championships.

Deena inquired whether our championships were required to provide travel and lodging for the defending champions. Mike reported that while the rules book requires this, some bids were accepted without this provision (eg, Portland). Mike will contact the LOCs, discuss this issue and report back to the Executive Committee where there are problems.

Coaching Staff

The Executive Committee will be finalizing the staff selection process for the 2004 World Cross Country Team prior to the February USA Cross Country Championships.

Adjourn 11:42am.

Mike Scott

Vice Chair/Secretary, USATF Cross Country Council

Road Running Technical Council

1st Meeting — Thursday, December 5, 2002

Attending: Bob Baumel, Jerry Crockett, Michael Franke, Bill Glauz, Basil Honikman, Linda Honikman, Justin Kuo, Bob Langenbach, Carole Langenbach, AC Linnerud, Mary Anne McBrayer, Tom McBrayer, Ron Pate, Pete Riegel, Don Shepan

In the absence of RRTC Chairman Mike Wickiser, the meeting was called to order by Western Vice-Chair, Tom McBrayer at 3:10. All present introduced themselves.

Officers' Reports

Many of the RRTC officers weren't present but had submitted written reports, which will appear in January 2003 *Measurement News* and were summarized by Tom. The only officers who were present to give reports were Bob Baumel and Tom McBrayer.

Webmaster & Secretary, Bob Baumel: Bob mentioned that our Course Measurement Procedures manual is online at our website www.rrtc.net (It's been available in web page format since mid-1999 and downloadable PDF version since Nov 2001). Several at this meeting noted that online availability of our manual has helped greatly in communicating with measurers.

Bob commented briefly on the new USATF certified course search engine and online scanned maps—a topic discussed more extensively later during this meeting.

Bob noted that the latest issue of our RRTC journal *Measurement News*—now edited by Jim Gerweck who replaced Pete Riegel in November—is now always available in PDF form on our website. Also, since the beginning of 2002, our email discussion forum *MNForum*, moderated by Jim Gerweck, has been hosted using the rrtc.net server which also hosts our website. To join the email discussion, go to www.rrtc.net/mnforum.html

Chair, Mike Wickiser (not at meeting, written report submitted): Mike conducted validations of three New York road courses and a measurement seminar for prospective measurers in Phoenix. Mike has also been busy scanning maps for posting on the web (see additional

discussion on this topic below). So far, he has scanned approximately 7000 maps.

Vice Chair West, Tom McBrayer: In the West, Bob Langenbach replaced Mike Renner as Washington certifier, and Gene Newman became Arizona certifier after moving from New Jersey. A measurement seminar in Phoenix was hosted by Tom LaBlonde of Scottsdale, conducted by Mike Wickiser, Pete Riegel, Tom McBrayer and Gene Newman, and helped to train 5 new measurers. Also this year, two Texas measurers, Andy Beach and Charles Clines, were appointed AIMS/IAAF “B” measurers.

Vice Chair East, Paul Hronjak (not at meeting, written report submitted): In the East, long-time certifier Wayne Nicoll retired and was replaced by Ron Fitzpatrick who is now the certifier for NH, VT and ME. Larry Baldasari is now certifier for NJ, and Paul Hess for DE, replacing Gene Newman who had been certifier for both states before moving to Arizona. Also, Joel Sauer replaced Jim Gerweck as IN certifier.

Validations Chair, Doug Loeffler (not at meeting, written report submitted): During 2002, validations were conducted of 34 courses, while 5 courses are still pending validation. Of the 34 validated courses, 8 required re-measurement. All re-measurements found the courses long enough to approve the records (although in one case, the course was found short by 0.046% which is just barely within the allowance for error in validation; in such a case, the course technically fails validation but the record is considered acceptable).

Course Registrar, Karen Wickiser (not at meeting, written report submitted): 1011 courses have been certified so far in 2002. We appear to be on track to come close to the record 1245 courses certified in 2001. As in other recent years, 5 km remains the most popular distance, comprising about half of all certified courses.

Other Business

Proposed Rules Changes: RRTC had been asked for recommendations on two sets of proposed changes to the Rules of Competition:

- 1) A proposal to amend the Rule on acceptability of road records (Rule 185.5) by increasing the Start-to-Finish separation limit from 30% to 50% while also dropping the exception that allows records on courses with arbitrary separation when it can be shown that there is no significant tailwind.
- 2) A pair of proposed Rules changes (submitted by David Katz) to make Transponder ‘Net’ times (‘chip’ times) acceptable for age group records, provided that the times are measured between mats set up **before** the starting line and **after** the finish line.

The stated reason for (1) was to match IAAF. In our discussion, it was noted, however, that IAAF hadn’t

officially adopted this standard yet. Therefore, RRTC recommended that USATF avoid changing our rule until we know for sure what IAAF is doing.

Regarding (2), the consensus seemed to be that the question of allowing net times as records is a philosophical rather than technical issue, so RRTC couldn’t really offer a recommendation. Several participants in our discussion did feel strongly, however, that if net times are to be accepted as records, the timing mats must be set out as specified in the proposed rules.

Online Maps and new USATF Search Engine: Mike Wickiser has been busy scanning course maps for online posting. Mike is working closely on this project with Keith Lively (webmaster for the central USATF website at www.usatf.org), who assures us that all necessary server space will be provided, and has designed a new certified course search engine now available at www.usatf.org/events/courses/search/ which allows searching the active course list by various criteria. Lists of courses returned by this search engine display a “map” link for each course whose map is currently online. Clicking this “map” link displays the course’s map in a popup window allowing users to choose a map version optimized for on-screen viewing or for printing.

At our meeting, Tom and Mary Anne McBrayer distributed printouts illustrating use of the new search engine, along with a sample of the maps available online. There was a lot of discussion, and all agreed that this would be a great resource.

The meeting was adjourned at 17:00.

2nd Meeting — Friday, December 6, 2002

Attending: Bob Baumel, Bill Glauz, Justin Kuo, AC Linnerud, Mary Anne McBrayer, Tom McBrayer, Calvin McGill, Ron Pate, Pete Riegel, Don Shepan, Larry Smithee, Lloyd Stephenson

The meeting was called to order at 16:11 by Tom McBrayer. As is customary for our 2nd RRTC meeting, the first item of business was to present results of our Pacing Contest.

Measurement Contest: Kansas/Missouri certifier Bill Glauz who also presented the awards at this meeting had laid out the contest course in Washington Park, a block west of the annual meeting hotel. Ten people entered the contest. The three closest estimators were, 1) Mary Anne McBrayer, 2) Pete Riegel and 3) Bob Baumel, all of whom received gifts commemorating Kansas City. Full results may be viewed on our website at www.rrtc.net/news/ and will also appear in January 2003 *Measurement News*.

RRTC Budget for 2003: Pete Riegel reported on the USATF Budget meeting at which he represented RRTC.

Prior to that meeting, RRTC had requested \$17,500 but was allotted only \$10,000. Pete gave a three-minute pitch (in contrast to other committee representatives who spoke for a half hour or more) asking for an additional \$4,000 to enable us to do pre-validation measurements of the Olympic Trials Marathon courses, as we normally do prior to each Olympic year. RRTC's position was reinforced by LDR Division Chair Jerry Crockett, who pointed out that pre-validation is necessary to avoid problems such as the short course Alberto Salazar ran on in 1981. Final results of the budgeting process weren't known at the time of our meeting, but we were told by USATF Treasurer Ed Koch to plan for the Olympic Trials pre-validations—and they will be covered.

Note: The Men's Olympic Trials course will be in Birmingham, AL (race to be held Feb 7, 2004) while the Women's course will be in St. Louis, MO (race to be held April 4, 2004).

Other Discussion: Calvin McGill reported on status of proposed Rules changes in the LDR sport committees. [Note – Final status of these changes by end of the annual meeting was: 1) The proposal to increase the separation limit from 30% to 50% was rejected; thus, the pre-existing version of Rule 185.5 remains in effect for USATF road records. 2) The proposal to allow 'net' times for age group records was accepted, provided that timing mats are set out as in the proposal, and provided also that the record-setter wins his or her age group in the race.]

There was more discussion about the online Search Engine. Tom and Mary Anne McBrayer distributed printouts illustrating more of the options. Also, between our Thursday and Friday meetings, Bob Baumel had added links on our RRTC site at www.rrtc.net pointing to the new search engine, so you don't have to remember a long URL to access the search engine.

Tom McBrayer stated that increased efforts are needed to promote course certification in our areas. It was noted that in states with a state record keeper and state records, such a system could help motivate race directors to get courses certified. All agreed that certifiers should take every opportunity to promote certification in their areas.

The meeting was adjourned at 16:52.

Minutes prepared by Bob Baumel, RRTC Secretary