

American U20 Records as of December 3, 2023

The following lists are the best performances by American U20 athletes as recognized by USA Track & Field.

MEN

100	9.97	Trayvon Bromell (Baylor)	Eugene	13Jun14
200	19.69	Erriyon Knighton (USA)	Eugene	26Jun22
400	43.87	Steve Lewis (UCLA)	Seoul	28Sep88
800	1:43.55	Donavan Brazier (Texas A&M)	Eugene	10Jun16
1,500	3:34.36	Hobbs Kessler (Michigan HS)	Portland	29May21
Mile	3:51.3	Jim Ryun (Kansas)	Berkeley	17Jul66
3,000	7:49.16	Galen Rupp (Oregon)	Lignano	17Jul05
3,000SC	8:33.8	John Gregorek (Georgetown)	Philadelphia	20May79
5,000	13:24.26	Nico Young (Northern Arizona)	Des Moines	23Apr21
10,000	28:15.52	Galen Rupp (Oregon)	Eugene	07May05
110H (42")	13.23	Renaldo Nehemiah (Maryland)	Zurich	16Aug78
110H (39")	13.08	Wayne Davis (North Carolina HS)	Port of Spain	31Jul09
400H	47.85	Sean Burrell (LSU)	Eugene	11Jun21
4 x 100	38.62	National Team - PA U20 (Arian Smith, Justin Ofotan, Marcellus Moore, Matthew Boling)	San Jose, CR	20Jul19
4 x 400	2:59.30	National Team - PA U20 (Frederick Lewis, Matthew Boling, Matt Moorer, Justin Robinson)	San Jose, CR	21Jul19
10kWALK(tr)	41:23.14	Tyler Sorenson (California HS)	Lille	09Jul11
20k Walk	1:23:26	Trevor Barron (New York AC)	Eugene	26Jun11
HJ	2.31/7-7	Andra Manson (USA/Texas HS)	Kingston	18Jul02
PV	6.05/19-10.25	Armand Duplantis (Louisiana HS/SWE)	Berlin	12Aug18
LJ	8.34/27-4.5	Randy Williams (Sn Cal)	Munich	08Sep72
TJ	17.19/56-4.75	Will Claye (Oklahoma)	Fayetteville	13Jun09
SP (7.26kg)	20.38/66-10.5	Terry Albritton (Unat)	Walnut	27Apr74
SP (6kg)	22.06/72-4.5	Tripp Piperi (Texas)	Tampere	10Jul18
DT (2kg)	63.22/207-5	Brian Milne (Penn St)	Univ. Park	28Mar92
DT (1.75kg)	65.34/214-4	Mason Finley (Colorado HS)	Port of Spain	31Jul09
HT (7.26kg)	70.78/232-3	Conor McCullough (Princeton)	Princeton	15May10
HT (6kg)	80.79/265-0	Conor McCullough (Princeton)	Moncton	25Jul10
JT	77.84/255-4	Sam Crouser (Oregon HS)	Portland	12Jun10
DEC	7892	Gunnar Nixon (Arkansas)	Des Moines	07Jun12
DEC (Jr.)	8037	Harrison Williams (Stanford)	Edmonton	01Aug15

WOMEN

100	10.75	Sha'Carri Richardson (LSU)	Austin	08Jun19
200	22.11	Allyson Felix (California HS)	Mexico City	03May03
400	49.57	Athing Mu (Texas A&M)	Eugene	12Jun21
800	1:55.04	Athing Mu (Texas A&M)	Eugene	21Aug21
1,500	4:03.39	Alexa Efraimson (Nike)	Eugene	30May15
Mile	4:35.24	Polly Plumer (Cal HS)	Los Angeles	16May82
3,000	8:57.27	Ceci Hopp (Stanford)	Durham	27Jul82
3000SC	9:46.48	Madison Boreman (Colorado)	Eugene	10Jun17
5,000	15:25.93	Natalie Cook (Texas HS)	Stanford	01Apr22
10,000	32:51.20	Lindsey Scherf (Harvard)	New York City	07May05
100H	12.74	Dior Hall (USC)	Eugene	13Jun15
400H	53.82	Sydney McLaughlin (NJHS)	Sacramento	25Jun17
4 x 100	42.88	National Team - Pan Am U20 (Kaila Jackson, Camryn Dickson, Avery Lewis, Shawnti Jackson)	Mayagüez	05Aug23
4 x 400	3:24.04	National Team - Pan Am U20 (Alexis Holmes, Kimberly Harris, Ziyah Holman, Kayla Davis)	San Jose, CR	21Jul19
10k Walk	45:57.81	Taylor Ewert (Ohio HS)	Tampere	14Jul18
HJ	1.99/6-6.25	Vashti Cunningham (Nike)	Sacramento	23Jun17
PV	4.65/15-3	Hana Moll (Washington HS)	Budapest	21Aug23
LJ	6.86/22-6.25	Alyssa Jones (Stanford)	Austin	08Jun23
TJ	14.15/46-5.25	Keturah Orji (Georgia)	Eugene	13Jun15
SP	18.35/60-2.5	Raven Saunders (Southern Illinois)	Eugene	13Jun15
DT	60.59/198-9	Shelbi Vaughan (Texas HS)	Bloomington	15Jun12
HT	68.12/223-6	Shelby Ashe (Throw 1 Deep)	Bloomington	16Jun12
JT	56.59/185-8	Madison Wiltrout (Pennsylvania HS)	North Huntington	07May15
HEP	6018	Kendell Williams (Georgia)	Athens	12Apr14